



Lanyon High School

Newsletter March 2018

Dates to Remember

Wednesday 21 March	Year 7 Immunisation (HPV dose 1)
Wednesday 11 April	Parent/Teacher Evening
Monday 16 to Friday 27 April	SCHOOL HOLIDAYS
Monday 30 April	Term 2 Begins
Thursday 3 May	Open Night

Welcome to 2018

It's been a busy and successful start to the 2018 school year. Already we've rolled out over 300 Chromebooks, had a great swimming carnival, a fun year 7 camp and had school photos to celebrate the beginning of another year. In particular I'd like to warmly welcome the new families who have joined the Lanyon High School community, many into year 7 and also others into years 8, 9 and 10. Thanks to parents and students for their cooperation with the Chromebook rollout. A special thanks to Executive teacher, Kim Rice, for all her hard work to ensure a smooth rollout process. We are still working with students to develop the best logistical solutions for storage when the devices are not being used, for example during physical PE lessons. Teachers are also building their skills in using devices to enhance teaching and learning in their subject areas. These devices provide exciting opportunities for all of us. We ask for parents to remind their children to charge the devices overnight so they are ready for use throughout the school day.



Keeping Safe Online

The extensive internet use can sometimes cause concerns for parents and children about online safety. The Education Directorate has provided a range of advice and resources to inform parents, students and teachers about how students can protect themselves online. There are also a range of Virtual Classroom topics than can be used to prevent issues arising and for dealing with issues if they do arise such as 'Cyberbullying' and 'Making good choices online'. I would encourage parents to take the time to familiarise yourself with some of these tools so that we can work together to keep our children as safe as possible;



www.education.act.gov.au/teaching_and_learning/learn-anywhere-ict-for-students/keeping-safe-online

Staffing News

There are a number of staff who have recently left the school to retire and pursue the world beyond full time work. I'd like to acknowledge Thea O'Mara who has worked in the front office in various roles, most recently as the absence officer and also Maree Tollenaar who worked in the front office and also as a Learning Support Assistant for many years. Last but not least I would like to acknowledge Anne Dunn, who after 21



years at Lanyon High School is looking forward to pursuing other things, like enjoying a good book and learning to golf! Anne's commitment and dedication to the school has been extensive and she's had many different leadership roles within the school, including heading up the Green faculty, the Student Services team and the Disability Education Coordinator. She's performed these roles with expertise and good humour and she will be greatly missed. I would like to wish all three of these staff the very best for the future.

There have been a number of other staff coming and going. Welcome to a number of new staff; Deanne Barnes – acting Business Manager, Caroline Heys in Science/HPE, Tina Middleby in Arts, Liz Burnett as LSA, Millie Burton as Rolls officer, Megan Tomlins as School Psychologist and Kim Bailey – School Nurse. Welcome back also to Prue Gill as the executive teacher of English/HaSS/Japanese after a period of time away on maternity leave. Farewell to Jennifer Uhlmann from English, as she and her family move interstate.

Student Support Funds

A reminder to all parents that the school operates a student support fund. This provides limited funds to parents who are experiencing financial difficulty. Funds can be used to help any student access activities that the school would normally anticipate a whole year group, class or specific group of students would attend. If you are experiencing financial difficulties, please contact me so that we can discuss accessing this support fund. Information is kept confidential.

Kind regards
Barbara Monsma
Principal

Open Communication

We have a policy of open communication at Lanyon so if you ever have a concern, don't hesitate to contact your child's teachers or their Pastoral Care advisor.

Kurt Halbauer	Year 7	Jennifer Nott & Kelly-Anne Guy	Year 8
Matthew Sandeman	Year 9	Teegan Williamson	Year 10

Please note that over the holiday period the school had new phones installed. Consequently, all school phone numbers have now changed. **The front office can be reached on: 6142 1800 & absences on 6142 1815.**

New School Psychologist

Hello Lanyon High Community, my name is Megan Tomlins, I'm the School Psychologist and I have just started at Lanyon High School this term. I wanted to introduce myself and to let you know a little bit about what I do at the school.

The School Psychologist works with the Student Services Team in the school to enhance student learning, engagement and wellbeing. My role can include: consulting with the Student Services team to support students' learning and wellbeing; providing advice and training to staff about all aspects of student wellbeing and supporting educational needs; being involved in investigating learning issues, including disability and also transition processes and eligibility for extra supports; and providing advice to students and parents about mental health issues and referrals to helpful agencies like headspace.

I am here every Monday and Thursday and every second Tuesday. Referral to the School Psychologist usually comes through an executive teacher or your child's Pastoral Care Advisor so if you have concerns or queries the best place to start is with one of these staff members who can then refer to me.

I look forward to working with the Lanyon High staff, students and parents to support the wellbeing and learning of the students.

Student safety in the community

You may have heard recent police reports and/or media in relation to stranger safety incidents in the Belconnen area.

There have now been two incidents (which we believe to be unrelated) at two of our Tuggeranong schools. Students in both situations responded appropriately by informing a parent or teacher. These incidents have also been reported to ACT Policing.

These unfortunate incidents serve as a good reminder to us all to help our children understand the importance of stranger safety and the need to report any unusual incidents or approaches to staff immediately.

ACT Policing will continue to work with the information provided to them and we will update you if we hear anything further from ACT Police on this matter. Any suspicious activity or approaches to children should be reported to ACT Police on 131444. This will automatically occur if the incident occurs on school grounds.

Please take this opportunity to talk to your children about stranger safety and encourage them to talk freely and openly about their concerns.

If you have any questions, please do not hesitate to contact the school.

Year 7

Welcome to all students and their families to the 2018 school year at Lanyon High School!

Year 7 have already made a positive start to a busy term 1 and I am excited to see the enthusiasm that each student displays about the events in the year ahead.

We have had a few key events already happen and a few more in the coming weeks. Please see below for details.

Week 3

On Monday the 19th of February the annual swimming carnival was held and all students attended. It was a fun day out for all students and many new connections were made between students in the school community. There were also many activities held outside of the standard competitive races such as novelties and face painting.

Week 4

The Year 7 camp to Long Beach went ahead to great success and enjoyment of all students who attended. Students engaged in many water and bush based resilience and team-building activities.

Week 6

A year 7 assembly will be held during week 6. Awards are given out by all teachers for students who display exemplary effort or have demonstrated a high level of achievement in their various subjects.

Week 7

Immunisations will be held on Wednesday the 21st of March. All immunisation forms need to be completed and returned to our front as soon as possible.

Each year 7 class has a pastoral care teacher, who teaches them for at least one hour every day. One of these hours is allocated to Pastoral care, where the class is given the opportunity to discuss and develop various life skills and strategies. This term the focus is around the theme of 'Giving'.

Pastoral care teachers for 2018 are:

7A: Jennifer Uhlmann – Jennifer.Uhlmann@ed.act.edu.au

7B: Caity Taylor – Caitlin.Taylor@ed.act.edu.au

7C: Caroline Heys – Caroline.Heys@ed.act.edu.au

7D: Shannon Beck – Shannon.Beck@ed.act.edu.au

Parents and carers are reminded that an explanation is to be provided for all days their child arrives late or when they absent from school. This information can be provided by contacting the front office directly by phone or email, or alternatively by emailing myself or your child's pastoral care teacher.

NAPLAN 2018

Please be aware that NAPLAN is being performed online this year for Year 7 and 9 students. There will be more information in the coming weeks to address questions and support students and parents/carers in this transition.

If you are not a part of the year 7 mailing list or would like an alternative/additional email address included, please email me and I can make the adjustments.

Kurt Halbauer, Year 7 Pastoral Care Advisor

Kurt.Halbauer@ed.act.edu.au

Year 8

Welcome back to another year of high school Year 8!

It has been great to spend time with you in your classes beginning the year off so well, settling into their new routines, classes and timetables. This year we have had several new students join year 8 and it has also been good to see you all settling into the school community so well.

Already we have enjoyed the swimming carnival and several assemblies. Congratulations to all of the students who won academic and citizenship awards at our Week 5 Assembly.

There are not many announcements to be made at this early stage in the year. Please remind your child to listen to the daily notices and check the Lanyon High Facebook page for information on other upcoming events and teams. Please also remind your child to bring their new Chromebooks to school each day charged and ready for learning.

The pastoral Care Teachers for year 8 are:

8A: Ms Anna McRae

8B: Ms Tina Middleby

8C: Ms Kelly-Anne Guy

8D: Mr Luke Foran

If you have any concerns or questions about your child's progress and wellbeing at Lanyon please don't hesitate to contact me throughout the year. For the remainder of term 1 I will be acting in the Student Services Executive role and Kelly-Anne Guy will be stepping back up to help me as Year 8 Advisor and can also be contact regarding any queries you may have about your child's wellbeing.

Jennifer Nott and Kelly-Anne Guy

Year 8 Pastoral Care Advisors

Jennifer.Nott@ed.act.edu.au or kelly-anne.guy@ed.act.edu.au

Year 9

NAPLAN 2018

Please be aware that NAPLAN is being performed online this year for Year 7 and 9 students. There will be more information in the coming weeks to address questions and support students and parents/carers in this transition.

Year 9 Pastoral Care

Welcome back to another year at Lanyon. I'm incredibly pleased to say that Year 9 have come back this year with a positive and motivated attitude towards their learning in the senior years. They've taken on the responsibility of having their own personal chromebook devices with maturity and it's great to see how much these new learning tools are being used to expand their education. Year 9 also represented Lanyon and their year group well at our Swimming Carnival, coming along for a fun day and getting involved in the events.

In our recent assembly we emphasised the importance of graduation points and covered some of the numerous events and activities happening around the school that Year 9 can earn graduation points for. Students can find this slideshow of events again on our Year 9 Google Classroom page.

A reminder for parents and carers that I will often send email updates to you concerning events and information that are relevant to Year 9. If you are currently not receiving these email updates from me but would like to please get in touch and let me know at matthew.sandeman@ed.act.edu.au.

I'm looking forward to Year 9's continued positive and motivated approach to learning this year and working with you to support their time at Lanyon.

Regards,

Matthew Sandeman | Year 9 Pastoral Care Advisor | Phone: 02 614 21810 |

Year 10

What a fantastic start to the cohort final year as High School Students! Here is some information for what is coming up.

Pastoral Care

In Pastoral Care, students are busy with preparations for Work Experience or Road Ready. If students are completing Work Experience this term, their forms are due by the end of week 6. Road Ready books went home last week. Students will need to learn the rules of the road BEFORE week 10. Road rules are not taught during this course. Students can practice the questions for the test on the Road Ready website. Please let myself or Alison Kirkpatrick (Alison.kirkpatrick@ed.act.edu.au) know of any questions about this.

Camp

Preparations for camp are underway. If you students would like to attend, please send me an email with confirmation of a deposit as soon as possible. Final costs should be verified by the beginning of Term 2.

Dates to Remember

Camp Payments should total \$350	9th March 2018
Work Experience Forms Due for students in Term 1	16th March 2018
Work Experience/Road Ready	9th – 13th April, Week 10
Camp Payments should total \$500	13th April
Work Experience Forms Due for students in Term 2	4th May, Week 1, Term 2
Camp payments should total \$650	1st June 2018
Work Experience/Road Ready – Session 2	2nd July – 6th July
Camp Payments should total \$800	6th July
Camp Payments Finalised	27th July 2018
Careers Expo	15th August
Road Trauma Excursion - Sydney	30th August 2018
Rotary Interviews	12th September
Camp	23rd – 28th September
Formal	5th December
Leavers Assembly – Final day of Year 10	7th December
Graduation	14th December

As always, please let me know of any questions.

Teegan Williamson | Year 10 Pastoral Care Advisor | Phone: 02 61 421812

Google Guardian Summaries

In 2016 we began utilising the "Google guardian summaries". The summary function emails parents and carers with daily or weekly (your choice) updates about assignments and help support you in knowing what your child is learning.

Parents and carers who are not already receiving these summaries should email the classroom teacher in order to be 'invited'.

For more information please feel free to contact your child's classroom teacher or read through the information:

<https://support.google.com/edu/classroom/answer/6388136?hl=en>

Immunisations - Year 7 & 10

Immunisation cards have been provided to students for completion. These must be returned to the front office ASAP. If your student has not brought the card home please come and collect a new card from front office.

Year 7

21 March 2018

Round 1: HPV (dose 1)

29 November 2018

Round 2: HPV (dose 2) + dTpa (Diphtheria, Tetanus & Pertussis) - (single dose)



Year 10

12 September 2018

Meningococcal ACWY (single dose)

Students not wearing helmets



There are lots of students who ride their bikes and scooters to school who are not wearing helmets. This is a serious safety concern and students are breaking the law. We have asked the police to come to school and have conversations with students who are not using helmets and from next week we will be making personal contact with parents of these children. Students who do not wear a helmet when riding a bike or scooter, should not bring their bikes and scooters to school.

Headspace - Information & Services

Headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. Information and services for young people, their families and friends as well as health professionals can be accessed through this website, headspace centres, online counselling service eheadspace, the Digital Work and Study Service and postvention suicide support program headspace School Support.

headspace Clinical Reference Group oversee and approve clinical resources made available on this website.

Did you know?

One in four young people have experienced a mental health issue in the past 12 months – a higher prevalence than all other age groups. Alarmingly, suicide is the leading cause of death of young people, accounting for one third of all deaths.

Research shows that 75 per cent of mental health issues emerge before the age of 25. By treating these issues early and providing a holistic model of support, the risk of them developing into more serious problems is greatly decreased.

Headspace Canberra - Contact Details

170 Haydon Drive, Level B, Building 18, University of Canberra, Bruce, Australian Capital Territory 2601

P: **(02) 6201 5343** F: **(02) 6201 2345**

- info@headspacecanberra.org.au
- www.facebook.com/headspaceCanberra

There are also lots of helpful resources and contact details at:

- www.headspace.org.au

Some fact sheets on their website include Resources for young people:

- [Understanding self-harm for young people](#)
- [Understanding bullying for young people](#)
- [Helping a friend](#)

Resources for families:

- [How to talk about suicide with young people](#)
- [Understanding self-harm for families](#)
- [Understanding bullying for families](#)
- [Social media advice for families](#)
- [Information for parents and carers](#)



Resources for schools (visit the headspace School Support website):

<https://headspace.org.au/schools/>

Critical information and resources specifically relating to cyberbullying and online safety are also available from the Office of the eSafety Commissioner: www.esafety.gov.au

Free vaccine for adolescents to protect against meningococcal disease

A free vaccine to protect against meningococcal disease will be available to all year 10 students through a school-based vaccination program. During 2018, people aged 16 to 19 years can access the free vaccine through their GP. The vaccine provides protection against the meningococcal A, C, W and Y strains and is given as a single dose.

Year 10 students

For all year 10 high school students, the vaccine will be available when the School Health Immunisation Team visits the school during semester 1.

Year 11 and 12 students

The free catch-up program is available in 2018 to all people aged between 16 and 19 years through their GP. While the vaccine is provided free by the ACT Government, the doctor may charge a consultation fee. Meningococcal disease is an uncommon but serious disease and adolescents are at increased risk. In recent years, cases of meningococcal W and meningococcal Y disease have increased across Australia. Help us to protect adolescents and the community from meningococcal disease by encouraging students to be vaccinated against meningococcal A, C, W and Y strains.

To learn more about meningococcal disease, the meningococcal ACWY vaccine and how you can prepare your child for vaccination, visit

<http://www.health.act.gov.au/our-services/immunisation/high-school-immunisation-program>.

Online Uniform Shop

School uniforms are going online and will be available on the Lanyon High School website from term two. Deliveries for online orders will come direct to the front office for collection by students and families.

Some stock will be unavailable due to the change-over and limited sizes may apply to some items of the current range of uniforms.



Uniforms will continue to be sold through the front office during term one.

200 Word Challenge

Do you have what it takes? Students, parents and carers are invited to participate in the term 1 200 word challenge.

What is it?

Each Sunday we will share a new prompt via Facebook, Instagram, student's English Google Classroom and posted outside the Green staffroom. Your task - Using just 200 words, write a creative story and submit it!

What do I write?

How you answer the writing prompt is up to you. We encourage all types of writing, you might like to respond with a poem or text exchange, maybe a speech or song or story. The options are endless!

What is my word limit?

200! No more.

How do I win?

Each week 1 person from each category will go into the draw to win a prize at the end of the term.

What do I win?

It's a surprise!

Who can enter/What are the categories?

Year 7

Year 8

Year 9

Year 10

Staff

Parents, Carers, Family and Community members

How do I submit my response?

In person - place in the box at the Green staffroom

Or via email to prue.gill@ed.act.edu.au

Please note that by entering the competition you agree to have your work shared through our newsletter, social media and displayed in the school.

Week 6 prompt - Due: Saturday 17th March

YOUR GRANDFATHER HAS
WORN AN EYE PATCH FOR AS
LONG AS YOU'VE KNOWN HIM
AND HAS A DOZEN DIFFERENT
STORIES ABOUT HOW HE LOST
HIS EYE. ON HIS DEATH BED, HE
CALLS YOU TO HIS SIDE AND
TELLS YOU THE REAL STORY...

WRITING.PROMPTS

Alumni Celebration

Congratulations to the Lanyon High School class of 2015 that graduated from Erindale College and Lake Tuggeranong College at the end of last year.

Particular mention to the following students who won special awards:

Long Tan Youth Leadership Teamwork Award: Rachel Santos

Martin Chilvers Aviation Theory Award: Ben Burgess

Martin Chilvers Aviation Top Gun Award: Natasha Carnall

History Award: Marcus Sutton

History Award: Belinda Dewar

Ellie's Gift Music Award: Andrew Ford

Canberra Mathematical Association Award: Niraj Adhikari

Marcus and Niraj also got ATARs in the Top 10%



School Contact Information

Principal: Barbara Monsma

Deputy Principal: Julie Collins

General Enquiries: 6142 1800

Absences: 6142 1815 or

lanyonHSstudentabsences@ed.act.edu.au

Email: lanyonHSinfo@ed.act.edu.au

Webpage: www.lanyonhs.act.edu.au

Like us on Facebook:

<https://www.facebook.com/LanyonHS.OfficialPage/>



everyone's family

The Smith Family *Learning for Life* Program

To be considered eligible for *Learning for Life* families must:

- ↳ Possess a Health Care Card or Pension Concession Card
- ↳ Demonstrate a commitment to education with regular school attendance and arriving at school on time

Learning for Life provides families with:

✓ **Financial Support**

A scholarship to help pay for school uniforms, shoes, text books, excursions etc.

✓ **Education Support**

Access to programs to help improve reading, numeracy, computer and finance skills. As well as mentor programs providing older students with guidance around study options and post-school career paths.

✓ **Other Support**

A local Family Partnerships Coordinator to link families into other learning opportunities in their community.

Speak to Mrs Davies in Student Services for more information|

www.thesmithfamily.com.au



Could \$500 help you with high-school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.



laptops & tablets



specialist subjects



uniforms & shoes



books & supplies



sports fees & gear



camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



The Smith Family

everyone's family

Contact

Kathleen Watson
your local Saver Plus
Coordinator

Phone

0448 730 305
02 6283 7606

Email

kathleen.watson@
thesmithfamily.com.au

Web

www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.



Music is a beautiful way to connect with your child

Minnows is a fun inclusive music and movement group for children (from babies to primary school age) and their parents or carers. Join in singing, with simple Auslan sign and pictures.

All children welcome!

Run during school term
Cost : \$50/term per family

For info contact Andrea:
M | 0404 256 714
E | horciu@btinternet.com

GORDON MINNOWS BUBS (8 Weeks)

When: Friday 10am - 10:45am
Where: Gordon Community Centre
110 Lewis Luxton Ave, Gordon

GORDON MINNOWS TOTS (8 Weeks)

When: Friday 11:15am - 12pm
Where: Gordon Community Centre
110 Lewis Luxton Ave, Gordon

SATURDAY MINNOWS (6 Weeks)

When: Saturday Mornings TBC
Who: Primary School Minnows
Where: Malkara School
53 Wisdom St, Garran

Booking is essential,
places are limited!



EMBRACING MINISTRIES



Disclaimer: Services advertised in the school's newsletter are not endorsed or associated with Lanyon High School.



Opportunities to play Women's Premier League 2018

Approaching the 2018 season, we have opportunities across all age groups and squads (U13 – Senior). It is a fantastic opportunity to join a club dedicated and committed to developing its pathway for girls to play football.

We are proud of our development of young players and the clear pathways from Under 13's to playing for the senior side. We have an excellent team of coaches ready to introduce the players to their next level of performance and reach their full potential.

The squads are structured to provide a full pathway from the skill acquisition phase through the game training phase and onto the performance phase of the FFA National Curriculum.

Training occurs every Tuesday and Thursday throughout the season:

Place: Kambah 2
Time: WPL Under 13 & 15 5.00pm -6.30pm
WPL Under 17 & Senior 6.30pm – 8.30pm

If you are interested in playing or would like more information about the TUFC women's program don't hesitate to contact the WPL Head Coach Michael Aldred on 0438 327 155 or wplcoach@tufc.org.au

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