

Lanyon High School

Newsletter Issue 4 2019



Dates to Remember

Wednesday 10 April	Parent Teacher Night
Friday 12 April	Last day of Term 1
Friday 19 April to Monday 22 April	Easter Holiday
Thursday 25 April	ANZAC Day
Monday 29 April	First day of Term 2
Wednesday 1 May	Yr10 War Memorial Excursion
Thursday 9 May	Information Night
Friday 10 May	Festival of the Shoe (Cross Country)

Events and successes

As we come to the end of term 1 we can look back and reflect upon a great term where there are a lot of events to celebrate. A group of around 50 students from year 7 to 10 participated in the **Sources of Strength Peer Leadership training** last week. The purpose of the training is to support students in knowing where to go and how to seek support for their mental health and wellbeing. The year 9/10 Food and Hospitality class did amazing work in their birthday cake designs. Sophia Sutton and Leila Rickman came to a staff meeting to share the **feedback from the Student Forum** meeting that was held a couple of weeks ago. They did a great job of explaining to staff the various issues and improvements that students are seeking across the school. Early next term I will be meeting with representatives from each year group to discuss these concerns and prioritise these, as well as work out ways that students can help to achieve some of these goals. The week 8 whole school assembly was a highlight. Francis Owusu was a special guest as we **officially launched our new houses**; Year 7 – Blackburn (Blue), Year 8 – Bond (Gold), Year 9 – Owusu (Red) and Year 10 – Patterson (Green). A special mention goes to ‘Banjo Patterson’ aka ‘Mr Sandeman with a fake beard’. The assembly was a fun celebration of house spirit and positive school culture.



Sources of strength peer leadership training (top left), a student's birthday cake from food and hospitality (top right), Sophia and Leila giving feedback to teachers in a staff meeting (bottom left) and Francis Owusu at the House Launch assembly (bottom right).



Strategic Plan

Lanyon High School's Strategic Plan is in its second year of a four year cycle. Our two main goals through the four years are;

- Improve reading, writing and numeracy
- Ensure all students have pathways to success

In 2019 teachers are focussing on improving writing in their various subject areas. Teachers are receiving additional training on the types of writing that are required for topics in each subject. Then they are developing specific learning activities to assist students to understand the requirements for each type of writing. This could include reflective journals in art, recipes in food and hospitality, information reports in history or experimental procedures in science. It involves understanding the structures and language features of each type of writing. Writing is an important skill for students to develop in order to enhance their language and communication skills. It improves the way their brain organises ideas and the ways in which they can express themselves. As a parent or carer you can help your child with writing by reading with them, as improved reading leads to improved writing skills. It could be a magazine or newspaper, a comic or a novel. Sustained reading is an important skill in developing effective communication for lifelong learning.

Valuables at school

Just a reminder that school policy is to discourage students from bringing any valuables to school. If students do bring valuables to school, they do so at their own risk. School staff make reasonable efforts to keep items secure but are under no obligation to take responsibility for a student's personal property. Schools do not have insurance cover to automatically compensate for the loss, damage or theft of student personal property although parents/carers may wish to consider insurance cover for valuable items that may be brought to school. Students and parents/carers are asked to be mindful of the following;

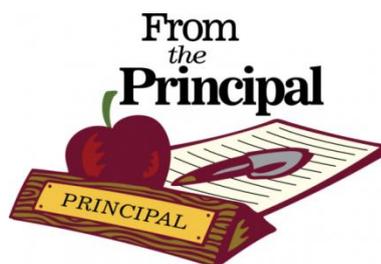
- avoid bringing valuable property to school
- take steps to insure all valuable items for off-site loss, theft or damage
- use a good quality chain or lock to secure bicycles and scooters when left at school
- valuable items are brought to school at the personal risk of the owner and that schools decline any responsibility for the damage, loss or theft of students' personal property, and
- report any suspicious activity to school staff.

Mid semester reports & parent-teacher night

Recently you would have received your child's mid semester report via email. Please contact the front office if you haven't received this. The report includes information on how to book for parent teacher night. I hope that you will take the opportunity to discuss your child's progress at parent teacher night and to check in with your child if they need encouragement in particular areas of their learning. If you have concerns and are unable to attend parent teacher night, then please contact your child's teacher. Email is the easiest way in which to do this.

I wish all members of our community a safe and restful April holiday break and look forward to seeing the students back at school at the beginning of term 2.

Barbara Monsma
Principal



Year 7

As you may be aware, Lanyon High School has created a new house system. Year 7 are 'blue' and were tasked with choosing a figure in STEM (Science, Technology, Engineering and Maths) to name our house after. The year 7 students chose 'Blackburn' as our house name, after scientist, Elizabeth Blackburn. Elizabeth Blackburn is the only female Australian to win a Nobel prize. Her discovery of an enzyme that destroys the DNA molecule allowed scientists to potentially reverse aging and genetic diseases.

Well done to Adam Bennett, Madeline Keegan and Eden Corby for writing a speech to announce the news in the whole school assembly.



In science year 7 have been separating mixtures. They were given a mixture of pond water and used various separating techniques to get pure water. Firstly, they decided to filter the mixture to remove sand and soil. They then evaporated the water and collected the condensation using a combination of watch glasses, aluminium foil, clamps, stands and beakers.

In Performing Arts this week, the students have been choreographing a routine, set to music of their choosing. They are also allowed to wear costumes for their final performance!



In Japanese the year 7 have been working on naming countries and nationalities.

In Music, students have been learning bin drumming. They have focused on improving their technique, maintaining rhythm and will perform what they have learnt in the next week.



Caroline Heys | Year 7 Pastoral Care Advisor
Caroline.heys@ed.act.edu.au

Year 8

It's hard to believe that we are already at the end of term 1, it has simply flown by.

On Tuesday of week 8 we had the privilege of introducing our Year 8 Gold house namesake – Chris Bond. Thank you to Charlie Hayes and Charlie Vrankovic for providing us all with background information on Chris and some of the hardships and success stories he has had. Chris also sent through a video which resonated with many of our students and we hope that can instil deeper into the school culture through the qualities that Chris spoke about that supported him through his journey which are integrity, accountability and hard work.

Pastoral Care- In pastoral care lessons students have been looking at digital safety and some of the laws around being safe online as well as beginning to work on their pathways plans. Within their pathways plan they will begin to identify skills and interests they have and activities they do that can contribute to career development and future employment. Their pathways portfolios will continue to be developed over the rest of the year and in years 9 and 10.

I hope that everyone has a safe and restful holiday and a happy Easter.

Catt Hubbard | Year 8 Pastoral Care Advisor
cattlin.hubbard@ed.act.edu.au



Year 9

Wow, the end of term 1 has come around quickly and seen year 9 students settling in well to the senior school and new timetable. We were excited to have Francis Owusu from Kulture Break come to our assembly in week 8 to Launch our Red team house name of "Owusu". We hope to be a house group that encourages everyone to be their best, that demonstrates pride and builds positive culture in our school just as Francis has done in the Canberra community.



(Year 9 students competing in a dance battle led by Francis Owusu)

Pathways In pastoral care lessons students have been working on their pathways plans and identifying skills and interests they have and activities they do that can contribute to career development and future employment. We will continue to development our Pathways portfolios throughout year 9 and 10.

Design and Technology



Students in the Design and Construction class have been working on practice joints and have made great headway in the construction project. They have been using hand tools to mark, measure and cut finger joints and will soon be constructing stopped housing joints.

I hope that everyone has a safe and restful holiday,

Emma Menzies | Year 9 Pastoral Care Advisor

emma.bennett@ed.act.edu.au

Year 10

PASTORAL CARE

This term in Year 10 Pastoral Care we have been focussed on developing our Pathways documents and preparing for Work Experience and Road Ready.

Next term we will be helping students develop their skills in writing resumes and CVs, as well as discussing other skills and preparation for jobs and careers.

Below is our Pastoral Care team for Year 10. If you would like to check-in with the school on the progress and wellbeing of your child their Pastoral Care teacher is a great first point of contact.

10A – Mac Fryz - McArthur.Fryz@ed.act.edu.au

10B – Renee Broadbent - Renee.Broadbent@ed.act.edu.au

10C – Toni Campbell - Toni.Campbell@ed.act.edu.au

10D – Adrian Haynes - Adrian.Haynes@ed.act.edu.au

10E – Anna McRae - Anna.McRae@ed.act.edu.au

CAMP AND FORMAL

Parents and students can now begin making deposits for the Year 10 Melbourne Camp in Week 10, Term 3. To secure a spot an initial deposit of \$50 is required. Please be aware that due to limitations of bus size we can only take a maximum of 65 students.

If you have any financial concerns that you did not indicate in the Expression of Interest note a few weeks ago, please get in contact with the school to discuss.

WEX AND ROAD READY

Good luck to all our Year 10 students who this week are either participating in the Road Ready training and testing or are out at their Work Experience placements.

We know that they will do us proud and try their best in both programs.



CONGRATULATIONS



Finally, I want to congratulate all of Year 10 on making it through the first term. They're engaged, and proactive learners and I hope to see them maintain this momentum for the year. Only 28 more school weeks to go!

As always if you have concerns or questions please do not hesitate to get in touch with the relevant staff members.



Matt Sandeman | Year 10 Pastoral Care Advisor

matthew.sandeman@ed.act.edu.au

LEARNING AND STUDENT ENGAGEMENT

Epoxy Resin Enrichment Activity

This term we have been focusing on getting ready to create our Lanfest pieces. We have also been investigating other mediums that are used in pouring art. Recently we have been baking cakes in preparation for marble icing them.



Stay tuned for our cake creations coming home early next term and then our epoxy resin upcycled products at LanFest.

Sources of Strength Training Program



In week 9 selected students from years 7 -10 participated in the Sources of strength training program. The program focuses on stories of strength, rather than trauma and teaches students that their voice has great power and they can use it when someone is struggling to help connect them to help and support. The mission is to empower students to spread hope, help and strength into the school community and beyond.



"It was a good program for people to learn about leadership and how to stay positive even if you are going through tough times." **Ryan Hutchings**

"I appreciated that the trainers took time to teach us and I realised through the training that there is always someone to talk to even if you can't see it at the time." **Bianca Jones**



School House Launch

At our assembly last week, we officially launched our new school house names in honour of notable figures in our community. We are very proud to announce our new houses as voted by our students:

Blackburn (Blue - Year 7)

In honour of Dr Elizabeth Blackburn, Australia's only female to be awarded a Nobel Prize, for Physiology or Medicine.

Bond (Gold - Year 8)

In honour of Chris Bond, two time Paralympic gold medalist in wheelchair rugby & former Lanyon High School student.

Owusu (Red - Year 9)



In honour of Francis Owusu, 2013 Australian of the Year ACT Local Hero, Kulture Break CEO & founder & coach/mentor in youth cultural change.



Patterson (Green - Year 10)

In honour of Andrew Barton (Banjo) Patterson, celebrated Australian bush poet.



Our students were lucky enough to hear from Chris Bond via video message and the highlight was Francis Owusu's speech and leading the Dance Off for Simply the Best. Congratulations to Owusu house, who won Simply the best and to Bond house who are our current leaders.

Food and Hospitality

Cake decorating and design folio task

Students were asked to design and make a cake for a 7 year old's birthday. Students needed to complete a design folio and workflow to accompany their finished product.



Origami

On Thursday mornings, the origami class have been enjoying creating a wide variety of items using paper folding techniques. Our first lesson was jumping frogs. Students were amazed at how many steps it took to get to the final product, but super excited to see how far and high their frog could jump in the end. The group have also folded parrots, elephants, rats and 5 pointed stars.

Some weeks students have worked on individual projects, where cats, rabbits, boats, water balloons, lilies, planes and ninja stars have taken shape. We have learned about mountain and valley folds, bases (including kite, fish and frog) and a range of other techniques.

The origami folds took on a new life when students started decorating their creations further with textas and googly eyes.

The group have also shared many laughs over steps that were impossibly tricky or been creative with reimagining designs out of our failed attempts to follow instructions. Even our mistakes can have purpose.

Enjoy the beautiful elephants we created.



SCHOOL CONTACT INFORMATION

School Contact Information

Principal: Barbara Monsma

Deputy Principal: Rebecca Cusick

General Enquiries: 6142 1800

Absences: 6142 1815 or
lanyonHSstudentabsences@ed.act.edu.au

Email: lanyonHSinfo@ed.act.edu.au

Webpage: www.lanyonhs.act.edu.au

For more details about community events and services please see

http://www.lanyonhs.act.edu.au/news_and_events Please note: services and events advertised on the Lanyon High School website are not endorsed or associated with Lanyon High School.

- Girls' Brigade
- Girls' Programming Network
- Outward Bound Programs
- Rebels Netball Club
- Youth scholarships
- Student exchange program
- Bellchambers Music School
- Nice To Meet Me Program
- Tennis coaching
- Bursary Scheme 2019
- Dwarfism Awareness
- Smith Family help with school costs
- Parentline ACT and Kids Helpline
- Man up & Ladies 1st
- YMCA Autumn School Holiday Program