



Lanyon High School

Newsletter April 2018

Dates to Remember

| | |
|-------------------------------------|-------------------------------------|
| Monday 16 to Friday 27 April | SCHOOL HOLIDAYS |
| Monday 30 April | Term 2 Begins |
| Tuesday 1 May | Oztag Gala Day |
| Thursday 3 May | Open Night |
| Friday 4 May | Cross Country |
| Thursday 10 May | Southside Touch |
| Friday 25 May | Athletics Carnival |
| Monday 28 May | Reconciliation Day - PUBLIC HOLIDAY |
| Tuesday 29 May | Southside Cross Country |

Farewell assembly and special guests

During week 9 the school celebrated the teaching career of Anne Dunn as part of a whole school assembly. It was a wonderful opportunity to acknowledge the achievements and commitment of Anne and her time at the school since it opened in 1996. Thanks to Mr Adrian Haynes and the year 10 Leadership class for their time and effort in organising and running the assembly. Thanks also to special guests, Paul Dunn (Anne's husband), Michael Hall (previous principal of Lanyon High School), Murray Bruce (principal of Gordon Primary School), Glenys Patulney (previous Deputy Principal Lanyon High School) and previous teachers; Ed Cuthbertson and Rachael Radvanyi. Thanks also to the P&C for their lovely gift of a bouquet of flowers and a cake for Anne. She had no idea that the school was running this assembly in her honour and she expressed how touched and grateful she was about the fuss and attention she received. No doubt we will continue to see Anne around the community and we wish her all the best for the future.



Canteen change of management

At the beginning of next term the canteen will be under new management. I'd like to thank the work of Tracey and Julie who have run the canteen over the last few years and have worked in the canteen for more than eight years. Keeping teenage tummies full is quite a challenge and they've done a great job and always wanted the very best for our community.



I'd like to welcome Tui Renomeron to the role of canteen manager. He brings with him a range of experiences as a chef (new menu in this newsletter). We encourage parents/carers and students to provide feedback in order to meet dietary needs and desires. As always we want to provide healthy and nutritious meals for our students at an affordable price.

Valuables at school

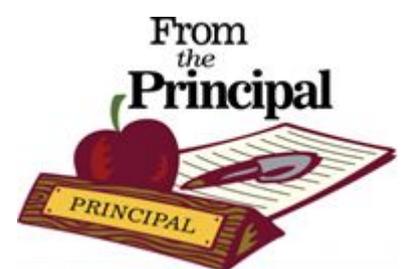
A reminder to all parents that school policy is to discourage students from bringing any valuables to school. If students do bring valuables to school, they do so at their own risk. School staff make reasonable efforts to keep items secure but are under no obligation to take responsibility for a student's personal property. Schools do not have insurance cover to automatically compensate for the loss, damage or theft of student personal property although parents may wish to consider insurance cover for valuable items that may be brought to school. Students and parents/carers are asked to be mindful of the following;

- avoid bringing valuable property to school
- take steps to insure all valuable items for off-site loss, theft or damage (eg: bicycles)
- use a good quality chain or bar to secure bicycles and scooters when left at school
- ensure scooters are locked in the cages provided
- valuable items are brought to school at the personal risk of the owner and that schools decline any responsibility for the damage, loss or theft of students' personal property, and
- report any suspicious activity to school staff.

Mid semester reports & parent-teacher night

Recently you would have received your child's mid semester report. I hope that you will take the opportunity to discuss your child's progress at parent teacher night and also to check in with your child if they need encouragement in particular areas of their learning. Remember that there is a homework club in the Learning Space at school every Monday afternoon which has a staff member present to help students with their studies.

I wish all members of our community a safe and restful April holiday break and look forward to seeing the students back at school at the beginning of term 2.



Barbara Monsma
Principal



TERM 2 CANTEEN MENU

Monday

Fried Rice (Gluten Free, Dairy Free & Vegan)

Pasta Bolognese (Dairy Free)

Tuesday

Noodle Stir Fry (Gluten Free, Dairy Free & Vegan)

Chicken Tomato Pesto with Mash (Gluten Free)

Wednesday

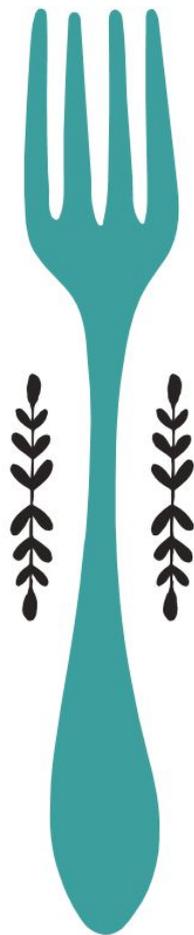
Fried Rice (Gluten Free, Dairy Free & Vegan)

Pasta Bolognese (Dairy Free)

Thursday

Noodle Stir Fry (Gluten Free, Dairy Free & Vegan)

Chicken Tomato Pesto with Mash (Gluten Free)



Friday

Roast Vegetable Soup (Dairy Free & Vegan)

Honey Mustard Chicken with Mash (Gluten Free & Dairy Free)

All meals will be \$5.00 and drinks/milkshakes will be available.

These meals will be cooked in the canteen and will be available for both Recess and Lunch breaks.

All meals will contain fresh local ingredients when available and will not contain any added preservatives.

Additional menu items, such as snacks (made in-house), will be added gradually over the term.

Lunch orders can be made at the canteen up until 10am or can be bought at recess or lunch, as a limited amount of lunch meals will be prepared for those who were unable to place an order. To ensure that you get a lunch meal, it is advisable to put in an order before 10am.

Student mobile phone use

A reminder to all students and parents that mobile phones should only be used in class for educational purposes and with the explicit permission of the classroom teacher. If parents are contacting their child, we ask that you do this during recess (11.00 – 11.30am) and lunch (1.30 – 2pm) times, or for emergencies call the front office: 6142 1800.

Primary school transition visits

Students from Gordon and Charles Conder primary schools have completed the first of their transition visits to get them ready for high school. They attended for a morning and participated in Arts, Technology, Science or PE classes. Bonython primary school students will be attending their transition visit in week one of next term.



LANYON HIGH SCHOOL



OPEN EVENING

The Principal and staff of Lanyon High School invite all parents and students to our open evening

Learning Space

Thursday 3rd May 2018

5.30pm – 7.30 pm

An opportunity for prospective parents and students to tour the school, view activities in curriculum areas, and meet staff and current students.

Phone (02) 6142 1800
Email lanyonHSinfo@ed.act.edu.au



**LANYON
CLUSTER**
Centred on Learning

Year 7

The first term for year 7 at Lanyon has been a busy one and I congratulate all students on familiarising themselves with the school and their teachers. Students have engaged in numerous events in both the classroom and the school setting. We had the swimming carnival as well as multiple sporting teams represent the school and it has been great to see many year 7's getting involved and participating with such enthusiasm.

Mid-semester reports were sent out in week 9 & parent teacher interviews are taking place in week 10. If you were unable to make an appointment please contact your child's teacher in early term 2.

Term 1 finishes up on Friday 13th April, with term 2 resuming on Monday 30th April. Events coming up early in term 2 include the Oztag and Touch Football gala days for students selected in those teams, as well as the Cross Country carnival.

Kurt Halbauer | Year 7 Pastoral Care Advisor
kurt.halbauer@ed.act.edu.au

Year 8

I really can't believe that I am writing this already...the first term has flown by and mid semester reports have been sent home. This term so far, the students have undertaken a number of exciting learning opportunities in their classes.

Food Technology has been cooking up some amazing culinary delights, one of the latest being a muffin design challenge.

In week eight the year eight Food Technology class completed the "design a muffin" challenge. Students had to come up with a unique muffin flavour and design appropriate packaging to hold it. Students researched food labelling laws and completed test samples before constructing the final product. Guest judges came to evaluate both the muffins and packaging.

Congratulations To Brad Russell and Sean Donnelly for scoring the highest overall mark for muffin taste and packaging (picture to the right).

Well done Sean and Bailey!





More amazing muffins!



Muffin tasting in progress

Year 8 LSU students have really been excited and motivated by their HaSS assignments lately. They are doing individual research on a specific BIOME and have each been working towards producing a display piece for the classroom.

In Maths students have been looking at the Cartesian plane and plotting and graphing linear equations.

In English students have been reading the novel “Trash”, using mind maps to solve the mystery and considering the morality of doing the wrong thing but for the right reason. In HASS we have been learning about Medieval Europe.

I would like to wish goodluck to Liam Bornholm and Alex Dalwood who will be racing in the Southside Swimming Carnival later this week.

Parent interviews will take place this week. If you missed the opportunity to speak with your child’s teacher, please email them to arrange a time for a meeting.

Lastly, I will be continuing the the role of Pastoral Care Advisor for the immediate short term. Enjoy the upcoming break and see you all in Term 2.

Kelly-Anne Guy | Year 8 Pastoral Care Advisor
Kelly-Anne.guy@ed.act.edu.au

Year 9

I’m very pleased that the Year 9 students have taken on their first term of senior years with a lot of determination and hard work. I’m seeing and hearing lots of students engaging with the topics they are covering in many classes, and taking their education very seriously. The addition of using chromebooks more frequently this year has overall been a positive one for the Year 9’s. As I was marking their digital books recently I was really impressed with how thorough students were being with their responses and ability to document their learning. I would like to encourage Year 9 to continue with this dedicated approach to learning, making sure that they are using their class time effectively so that they don’t need to worry about catching up on tasks at home.

Graduation Points

Graduation Points are an important part of senior years, and a way for students to demonstrate their commitment to extending their learning and involvement in the community beyond what is expected of them. Please keep in mind that we are encouraging Year 9 to enter their graduation points as soon as they complete events/competitions/tasks that earn them. Students need to enter their graduation points by the end of each term. Year 9 can find the Google Form to enter their Graduation Points on our Year 9 Google Classroom page (any students who are not on this page yet can get the code from myself or their PC teacher).

Contact details

A reminder to please keep all your contact details with the school up to date. This is important for sending home information and contacting parents/carers in emergency situations. It is also beneficial to have backup contacts if you are unavailable. Also regarding contact, as the Pastoral Care Advisor I regularly send out emails to parents with information on upcoming events. This is especially important in the senior years. If you are not on this mailing list but would like to be, or need to change your email details, please contact me and I will ensure you receive these Year 9 email updates: matthew.sandeman@ed.act.edu.au

Matthew Sandeman | Year 9 Pastoral Care Advisor
matt.sandeman@ed.act.edu.au

Year 10

Congratulations to all students who completed Road Ready and Work Experience. There were some fantastic work placements including physiotherapy, automotive, childcare and construction work. A big thanks to Ali Kirkpatrick for her excellent coordination of these two programs. Another thanks to all the teachers who delivered Road Ready – Adrian Haynes, Kelly-Anne Guy, Tim Pike, Emma Menzies and Luke Foran.

Camp

Preparations for camp are underway. Payment for this excursion can be made easily using 'Quickweb'. Quickweb can be found on the Lanyon High School website: <http://www.lanyonhs.act.edu.au/payment>. I aim to have the final cost confirmed by the start of Term 2.

Formal

The year 10 formal will be held on Wednesday the 5th of December at The Deck at Regatta Point.

The cost of the ticket is \$115 per person pending final numbers and fundraising.

A non-refundable payment of \$30 is required to the Front Office by Monday the 2nd July 2018 to secure your child's place. Updates will be sent later in the year to advise you of the final payment and other information. If you have any questions please contact Jessie-Kate Harmey on 02 6142 1822.

Year 10 Dates to Remember

| | |
|--|---|
| Camp Payments should total \$500 | 13 th April |
| Work Experience Forms Due for students in Term 2 | 4 th May, Week 1, Term 2 |
| Camp payments should total \$650 | 1 st June 2018 |
| Work Experience/Road Ready – Session 2 | 2 nd July –6 th July |
| Camp Payments should total \$800 | 6 th July |
| Camp Payments Finalised | 27 th July 2018 |
| Careers Expo | 15 th August |
| Road Trauma Excursion - Sydney | 30 th August 2018 |
| Rotary Interviews | 12 th September |
| Camp | 23 rd – 28 th September |
| Formal | 5 th December |
| Leavers Assembly – Final day of Year 10 | 7 th December |
| Presentation Night | 13 th December |
| Graduation | 14 th December |

As always, please let me know of any questions.

Teegan Williamson | Year 10 Pastoral Care Advisor
teegan.williamson@ed.act.edu.au

Uniform

The \$5 fire sale is still on!!!!!!

We still have the following \$5 uniform items available from the front office:

- Old style zip up hoodies (sizes 8 & 10)
- Sloppy Joe jumpers (sizes 12, small, medium & large).



New uniform website update - the website will go live during the school holidays. The details will be provided as soon as this happens, on our Lanyon website and Facebook page.

Band

It's not too late to join the School Band!

Cost \$100 for the year.

Please contact Mr Foran in the red staffroom if you wish to join.

For those of you already in the band the fee is now due.

Payment can be made easily using 'Quickweb'. Quickweb can be found on the Lanyon High School website: <http://www.lanyonhs.act.edu.au/payment>.

Alternatively you can make payment at the front office.



Dance Nation

Dance Nation rehearsals have been underway for a number of weeks and the students are progressing well.

Payment is now due for this activity and the \$150 fee can be made easily using 'Quickweb'. Quickweb can be found on the Lanyon High School website: <http://www.lanyonhs.act.edu.au/payment>.

Alternatively you can make payment at the front office.

Please contact the front office if you require financial assistance.

P&C Report

1. Bunnings BBQ

Please help to raise money for our Lanyon High School community at the Bunnings BBQ at Tuggeranong on Saturday 14th April. Points for students attending!

To volunteer please phone Cath Windsor 0414986787 or go to the below website address.

[SignUp.com:http://signup.com/go/TvqvkMn](http://signup.com/http://signup.com/go/TvqvkMn)

2. Coles Sport for Schools

The more vouchers we collect, the more sports gear our students receive. Please bring all your sports for schools vouchers to the front office at Lanyon High School ASAP. We have to post the last satchel of vouchers by COB on the 15th June.

3. Rebel Sport - Rebel Active

If you shop at Rebel sport, please sign up for free to join Rebel Active. Support Lanyon High School by linking your membership to Lanyon High School.

<http://www.rebelsport.com.au/rebel-active>

4. Canberra Southern Cross Club

We are now participating in their Canberra Southern Cross Club "Community rewards program".

If you are a member, please go to the below website to attach Lanyon High School as the community group you support.

<https://cscmarketing.wufoo.com/forms/zfv404n1ivpcm3/>

For more information on the "Community rewards program" please read the information provided on the below website.

<https://www.csc.com.au/rewards>

Cathy Windsor (P&C)



GET YOUR HEAD IN THE GAME II: RELOADED

- Eat FREE pizza!
- Play board games!
- Meet new friends!
- Prizes to be won!

Where: Guild Restaurant Civic

When: Tuesday 17th of April

Who: Young people between
12 and 25

12-15yrs session: 2-4pm

16-25yrs session: 4:30-6:30pm

*For more event details and
tickets,*

*check out **headspace***

***Canberra** on Facebook!*



Note: this is an alcohol free event





headspace

Canberra

Street Level B, Building 18, University of Canberra,
170 Houston Drive, Bruce ACT 2617
Mail Level B, Building 18, University of Canberra,
Bruce ACT 2601
Tel 02 6201 5343 Fax 02 6201 2545
headspace.org.au

Healthy headspace Skills workshop

A **skills-based** workshop designed to provide you with
tools for maintaining your wellbeing

Who: Young people between 12 and 25 years of age
Parents & carers welcome

When: Thursday Evenings from 5:30– 6:30pm

Where: headspace Canberra

Please RSVP on 6201 5343

Key Dates & Topics

3rd of May

Sleeping Well

10th of May

Physical Wellbeing for mental health

17th of May

Communicating with Confidence

24th of May

Mindfulness and Relaxation

31st of May

Understanding & Accepting Myself

7th of June

Understanding my Anger

14th of June

Understanding my Feelings

21st of June

Healthy Thinking

Workshops include

- Education on maintaining positive well-being
- Facilitated discussion & activities on a range of topics
- Take home booklet and resources

Drop in program... you don't need to come every week....come to one workshop or a few!





DiversityACT
COMMUNITY SERVICES
ABN 95 478 146 869

Diversity ACT Presents
Sharing Our Stories!

LGBTIQ+ young people (12-24) and allies - you are invited to join us for a fun day of exploring our community's stories, friendship building, lunch and more!

Be inspired. Know that you belong, and that your community is keen to hear from you. Hear from some members of our Youth Group and other guest speakers.

Entry by donation - if you can't make a donation, we still want your company!

When: Saturday 21st April 10:00am – 4:00pm

Where: Lake Tuggeranong Sea Scouts Hall – Off Mortimer Lewis Drive in Greenway

Lunch and snacks provided - if you have any special dietary needs please let us know at the email below. To register, or to ask questions, send an email to info@diversityact.org.au or join the event on our Facebook page <https://www.facebook.com/events/176803019781067/>

We hope to see you there!



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--|--|
|  laptops & tablets |  lessons & activities |
|  uniforms & shoes |  books & supplies |
|  sports fees & gear |  camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Contact
Kathleen Watson
your local Saver Plus
Coordinator

Phone
0448 730 305
02 6283 7606

Email
kathleen.watson@
thesmithfamily.com.au

Web
www.saverplus.org.au



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Barry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

YOUR **P** **L**ATES



In the ACT, 15 young drivers (aged 17-24) were killed on our roads between 2006 and 2017.

Every trip matters so it's important you help shape sensible drivers.



Supervised driving hours

Learner drivers must hold their licence for at least a year and complete a minimum 100 hours including 10 hours at night time.



P1 and P2 stages

Introduce a new P plate to target restrictions so new drivers gain more experience. No change to licence length, it will remain at 3 years.



Night time driving

No driving between midnight and 5am for P1 drivers. The rules will not apply to P2 drivers.



Passenger restrictions

P1 drivers can only have one passenger aged between 16 and 24 in the car. Exemptions may apply.



Demerit Points

A maximum of 4 points for 3 years. Severe penalties to deter high risk driving.



Mobile phones

No mobile phones, including hands-free, for L, P1 and P2 drivers.



Hazard Perception Test

Learner drivers must complete a computer-based test to recognise dangerous situations and react safely before their Ps.

The facts ...

Too many new drivers are being killed and injured on our roads. In the ACT, 15 young drivers (aged 17-24) were killed on our roads between 2006 and 2017.

Young drivers are at risk due to:

- > inexperience
- > inability to identify and respond to risks or hazards
- > over-confidence
- > inattention and distractions
- > deliberate risk-taking

Why we need your views

How will these changes impact you?

What can we do to help you abide by these new laws?

What exemptions should apply for new restrictions?

What are we changing:

We recognise some changes may affect prospective drivers and their families, particularly parents.

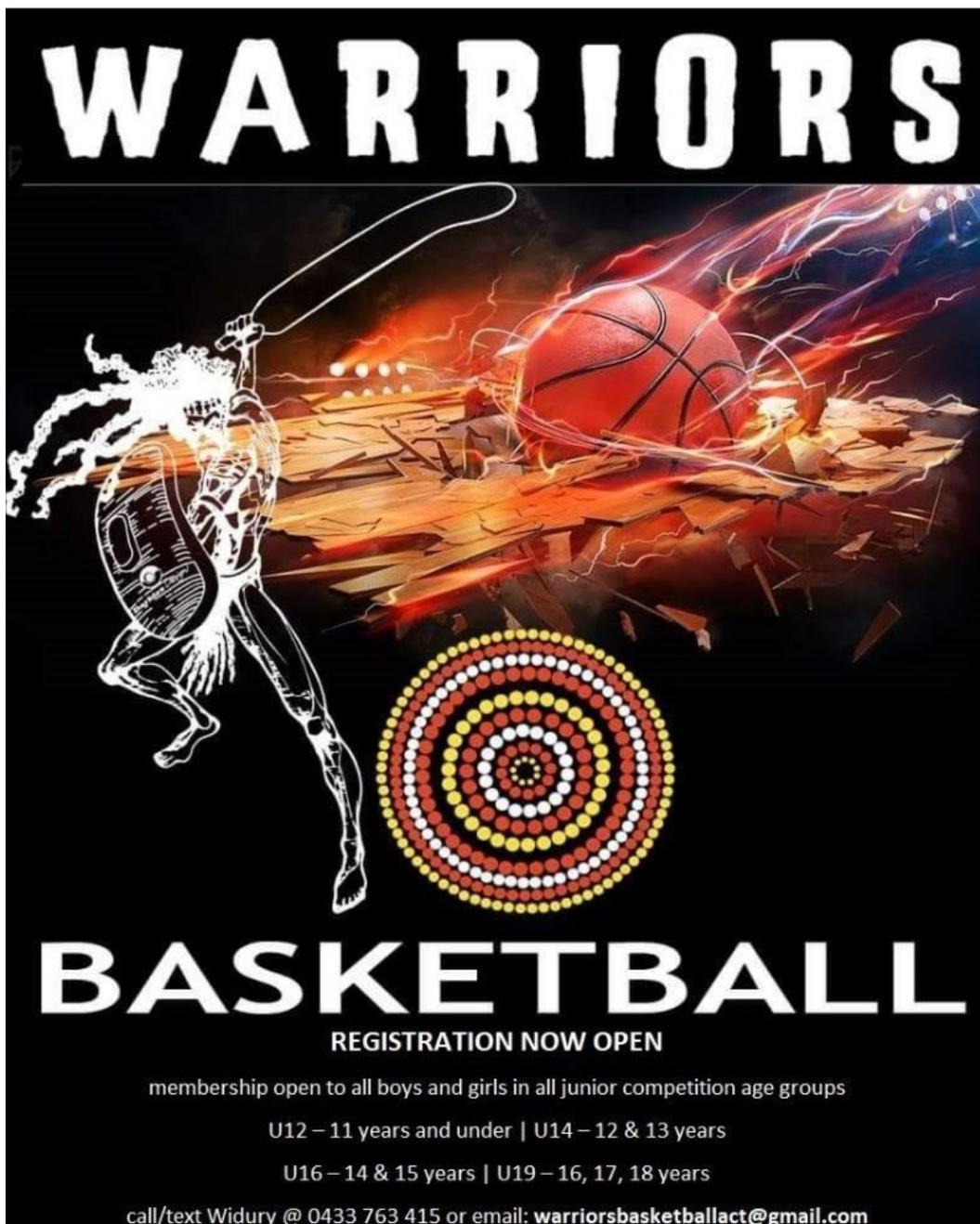
These are necessary to reduce deaths and injuries for young drivers, their passengers and other road users.

www.yoursay.act.gov.au



ACT
Government

Justice and Community Safety



WARRIORS

BASKETBALL

REGISTRATION NOW OPEN

membership open to all boys and girls in all junior competition age groups

U12 – 11 years and under | U14 – 12 & 13 years

U16 – 14 & 15 years | U19 – 16, 17, 18 years

call/text Widury @ 0433 763 415 or email: warriorsbasketballact@gmail.com

Winunga Warriors Basketball Club is based in Southern Canberra. Warriors teams train at Tuggeranong Stadium and Namadgi School Gym during the week. The Warriors compete in the Basketball ACT Junior League and travel to selected interstate tournaments. The Club's registrations are open to the whole community - Aboriginal and Torres Strait Islander as well as non-Aboriginal and Torres Strait Islander players.

We are seeking new and seasoned players, boys and girls for all age groups i.e. from u12s, u14s, u16s, u19s. Committed players are not required to leave their current club to play in an alternate division with us.

The deadline is fast approaching for teams to be confirmed for the upcoming Junior Winter League.

For enquiries please contact Widury Bingwa on 0433 763 415 | dury80@gmail.com or email warriorsbasketballact@gmail.com.

Disclaimer: Services advertised in the school's newsletter are not endorsed or associated with Lanyon High School.

BELLCHAMBERS

Music School

The Beat Goes On



Start your learning.

Term 2 enrolments are now open.

Music tuition for all levels, all ages, all styles.

Visit our website to see our long list of class offerings. Alternatively call or visit the office for a chat, we're always keen to help you and your family find an instrument they'll enjoy learning. After all, we're all about Music for Life.

bellchambersmusicschool.com.au (Oh, and checkout the Contemporary Vocal Workshop for intermediate-advanced singers.)

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TENNIS HOLIDAY CAMPS

AUTUMN

Wk 1 Mon 16th-Fri 20th April

Wk 2 Mon 23rd-Fri 27th April

(4DAYS ONLY, excludes Wed 25th)

All Day 9AM-5PM

Tennis & Chess 9AM-5PM

Hot Shots Coaching 9AM-1PM

Hot Shots Play 1-5PM

Pee Wee (4-7yr olds) 9-11AM

ALL CAMPS INCLUDE PROFESSIONAL, CERTIFIED AND ACCREDITED COACHING FOR ALL AGES • FRUIT AND DRINKS DURING BREAKS • ALL EQUIPMENT PROVIDED
TENNIS AUSTRALIA ENDORSED HOTSHOTS DELIVERERS
TENNIS COACHING RAIN, HAIL OR SHINE!
PLUS! BALL MACHINE • SPEED SERVE RADAR • LOTS OF PRIZES

8.30AM DROP OFF FOR A 9AM START

3 GREAT VENUES

Gold Creek Country Club, Curran Dr, Nicholls

Weston Creek Tennis Club, Dillon Ct, off Namatjira Dr (Behind McDonald's)

Pines Tennis Club, Cnr Norriss St and Goldstein Cres, Chisholm

ENQUIRIES

Email robert@csot.com.au or Call 0432 118 204
Head coach Robert Jamieson, Tennis Australia accredited

BOOK NOW!
Visit csot.com.au



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School Contact Information

Principal: Barbara Monsma

Deputy Principal: Julie Collins

General Enquiries: 6142 1800

Absences: 6142 1815 or
lanyonHSstudentabsences@ed.act.edu.au

Email: lanyonHSinfo@ed.act.edu.au

Webpage: www.lanyonhs.act.edu.au

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<https://www.facebook.com/LanyonHS.OfficialPage/>