

Heidelberg Street

CONDER ACT 2906

Phone: (02) 6142 1800

lanyonhsinfo@ed.act.edu.au

Dear Parents/Carers,

In the lead up to the annual Lanyon High School Festival of the Shoe Carnival, students will have multiple opportunities to practice the Cross Country Course during their Health and Physical Education (HPE) lessons. Students who are not given permission for this will be placed into buddy classes to complete an assignment task related to fitness during their HPE lessons. The Festival of the Shoe Carnival provides students with the opportunity to push themselves physically and build their cardiovascular fitness.

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| **Details of the Excursion** | |
| **Event** | Festival of the Shoe Training and Event |
| **Date** | During HPE Lessons - Weeks 2-10 Term 1 & Weeks 1-2 Term 2  Cross Country Event - 12:00pm - 3:00pm Friday 8th May 2020 |
| **Venue** | 5 kilometre loop around Lanyon High School, Condor and Gordon Pond area. |
| **Theme** | This year’s Festival of the Shoe theme is Colour Blast! During the event students will have the option of being covered in blue, green, gold and red powder. The powder is made out of 98% cornstarch and 2% vegetable food colouring. It is non-toxic, biodegradable and also used for community colour run events.  Students may opt out of being coloured in powder and are advised to wear their HPE Blue Lanyon uniform to signal their wishes and run in the first wave of runners. |
| **Cost** | $5 - this includes colour run powder, a sausage sandwich (vegetarian option available) and a soft drink can or water  Students who do not wish to have lunch provided are still required to participate in the event and hand their permission note back. |
| **Organising teachers** | Johanna Davies |
| **Departure time** | 12:10pm |
| **Return time** | 3:00pm |
| **What to bring** | A plain white shirt (will get colour powder on it), running shorts, sports shoes, water bottle, sunscreen, hat, sunglasses, (asthma inhaler if necessary). |

*Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.*

*Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent.  Parents should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.*

*Please note that as this is an optional activity, a payment will be required to cover costs. If the school is unable to cover the costs, the excursion/incursion/event may have to be cancelled. Should any families be experiencing financial difficulty in meeting these costs, please contact the Principal (Barbara Monsma). Individual records of contributions are strictly confidential. No refunds will be given for committed funds.*

**If you have any queries about this excursion, please contact the school on 6142 1800.**

Yours faithfully

Johanna Davies - Executive Teacher for HPE & Pastoral



**LANYON HIGH SCHOOL PERMISSION NOTE**

## FOR THE FESTIVAL OF THE SHOE

I give permission for my child\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Yr\_\_\_\_\_\_\_\_\_\_\_\_

to attend the **Festival of the Shoe** excursion and cross country training in **Weeks 2 - 10 Term 1, Weeks 1 & 2 Term 2 and on Friday 8th May, 2020.**

I understand staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

I am aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. I will warn my child of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

I authorise the teacher in charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency. I agree to meet the costs associated with any emergency arrangement made by the teacher in charge - free ambulance transportation only applies in the ACT.

I have read the attached information regarding this excursion and understand what it contains.

Full name of parent (please print):.....................................................................................................................

Signature of parent:................................................................................................................... Date:    /    /

**PAYMENT SLIP FOR THE FESTIVAL OF THE SHOE**

**DUE WEDNESDAY 6th MAY 2020**

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Yr :\_\_\_\_\_\_\_\_\_\_\_\_ Amount Enclosed $

**Payment Options: Cash** ( ) **Credit Card** ( ) **Quickweb: Fee Code: CROSS COUNTRY**

Preferred payment for this excursion can be made easily using ‘Quickweb’. The link can be found on the Lanyon High School website: <http://www.lanyonhs.act.edu.au/payment>

**COMPLETE THE FOLLOWING INFORMATION IF PAYING BY CREDIT CARD:**

CARD No: \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ □VISA □MASTERCARD

Name on Card: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Amount: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Expiry: \_\_\_\_ / \_\_\_\_\_\_ CSV: \_\_\_\_\_\_\_\_\_