

### PRINCIPAL'S MESSAGE

#### Events and successes

There have been a number of fantastic highlights in recent weeks. The visit of nearly 100 year 5 and 6 students from **Gordon Primary School** was a great event. The students got to spend some time in classes and familiarise themselves with high school. **The disco was FAB.U.LOUS!!!** Congratulations to Mr Haynes and the students of the Year 10 Leadership class. Thanks also for the support from the P&C whose generous donation made the night possible. It was a great evening. Students and staff danced the night away – Nut Bush City Limits never gets old! **Wear It Purple Day** on Friday was a wonderful celebration of diversity and inclusion at our school. One of the key messages was that even though we might not always agree about everything, we should still show each other respect. With Respectful Relationships being one of the school's values, this is an important message of which we all should remind ourselves. Recent **excursions** include the snow trip, southside athletics and a STEM day at the Australian National University. It's great to see so many of our students getting involved and exploring learning beyond the school.



#### Changes to Course Outlines – Curriculum documents

As mentioned in my last newsletter article, we are making some changes to the ways in which we communicate with you about the teaching and learning program. Rather than sending out course outlines for each class we have instead documented the curriculum for each subject by year group or two-year band.

20 Heidelberg Street  
CONDER ACT 2906

Email: [www.lanyonhs.act.edu.au](http://www.lanyonhs.act.edu.au)

Webpage: [lanyonHSinfo@ed.act.edu.au](mailto:lanyonHSinfo@ed.act.edu.au)

General Enquiries: (02) 6142 1800

Absences: (02) 6142 1815 or  
[lanyonHSstudentabsences@ed.act.edu.au](mailto:lanyonHSstudentabsences@ed.act.edu.au)

Principal: Barbara Monsma

Deputy Principal: Rebecca Cusick

School Board Chair: Peter Henry

P&C President: Cath Windsor

#### Coming Events

**11 September** - bstreetsmart Road Trauma Forum Year 10

**12 September** – Youth Dance Festival

**22-27 September** – Year 10 Melbourne Trip

**25 September** – Year 7 Zoo Trip

**25 September** – Year 8 Bowling & IPlay

**25 September** – Year 9 Giving Projects Expo

For more details about community events and services please see

[http://www.lanyonhs.act.edu.au/news\\_and\\_events](http://www.lanyonhs.act.edu.au/news_and_events)

Please note: services and events advertised on the Lanyon High School website are not endorsed or associated with Lanyon High School.

- Bursary Scheme 2019
- Dwarfism Awareness
- Smith Family help with school costs
- Parentline ACT and Kids Helpline
- Headspace Canberra Youth Ambassadors
- Tutoring before/after school
- 2019 Junior Touch Football Comp

Lanyon High School acknowledges the Ngunnawal people, the traditional custodians of this land. We would also like to pay respects to the United Ngunnawal Elders Council and to the Elders, both past and present of the Ngunnawal nation. We would also like to extend that respect to other Aboriginal and Torres Strait Islander people in our community.

The curriculum documents can be found on the school's website here;

[http://www.lanyonhs.act.edu.au/Curriculum/curriculum\\_documents](http://www.lanyonhs.act.edu.au/Curriculum/curriculum_documents)

They include the relevant Achievement Standard from the Australian Curriculum, an outline of the topics that will be studied each term and the major assessment tasks that are incorporated into the learning program. This provides some level of consistency between classes and teachers. Teachers are still encouraged to shape class activities to help students engage with learning based on their interests and skills. In terms of assessment, teachers are continuously collecting evidence of learning in a range of ways. This can include small pieces of classwork, discussions, questions and answers, small quizzes, as well as major assessment tasks.

### **Safety and use of aerosol sprays – limits on use or ban**

It is possible that we will need to severely limit or ban the use of aerosols, such as perfumes and deodorants. This is because there are people in our school who have severe asthma attacks when they come close to someone who has recently used an aerosol spray. This is a serious Work Health and Safety issue and I am seeking the cooperation of all members of the community; staff, parents & carers and students, to significantly limit the use of these sprays. I would prefer not to have to ban them, but they are starting to pose a health risk for some people at our school. I will be asking students to be mindful of this and provide more information shortly if we need to proceed to a complete ban.



I look forward to seeing many of you at parent teacher night on Wednesday 18<sup>th</sup> September.

**Barbara Monsma**

**Principal**

**SAVE THE DATE**  
**LANYON HIGH SCHOOL**  
**PARENT TEACHER NIGHT**  
**WEDNESDAY 18 SEPTEMBER 2019**  
**4:00PM – 7:00PM**

### **Thank you**

We have received a report from someone in the community that 3 Lanyon High School students gave up their own time on the weekend to do their bit for the environment by picking up rubbish at Gordon Park. Thank you for cleaning up the Gordon community. Keep up the good work!

*Thank You!*

### Year 7 News

In week 4, Year 7 were involved with Science week. They took part in a series of experiments including a paper plane competition, making natural dyes and testing buoyancy.



For their Science assessment, students have been investigating the question, 'how can we make the most efficient wind turbine?' by researching renewable resources, their use and importance in Australia. They have been improving investigative skills by designing, building and testing their turbines.



A reminder that the excursion to the National Zoo and Aquarium is on Wednesday 25<sup>th</sup> September. Students should wear their school uniform but dress appropriately for the weather – September can be unpredictable so they may need sun cream and a hat, or they may need a rain coat! They will not be able to access the café on the day so will need to bring a packed lunch and morning tea. To assist with preparation for this trip, please ensure that all notes are returned ASAP. If students do not have a note, they can collect one from the gold staffroom or their PC teacher.

Last Wednesday night was the school disco, the theme being 'True Blue Aussie'. There were games, singing competitions and a teacher versus student dance off! Thank you to everyone who came, it was a great night.

Caroline Heys  
 Year 7 Pastoral Care Advisor  
[Caroline.heys@ed.act.edu.au](mailto:Caroline.heys@ed.act.edu.au)



## Year 8 News

Over the past few weeks we have had students participate in a range of activities including book week, science week, the school disco and Wear it purple day.



## Southside Athletics

Congratulations to the following year 8 students who represented our school at the Southside Athletics Carnival on Monday 2<sup>nd</sup> September; Charlie Vrankovic, Charlie Voutos, Kristina Johnston, Evie Earl, Violet Scerri, Amelia Chattin and Chris Valzano. They all did an amazing job in participating throughout the day and a few of them have made it through to the ACT Athletics carnival of which more information will be coming out soon.

## Absence reminder

Just a general reminder for all parents that if their student is away to please contact the rolls office, lanyonHSstudentabsences@ed.act.edu.au to explain the absence.

A reminder, the Pastoral Care teachers email addresses are:

- 8A: Paige Wilson – [paige.wilson@ed.act.edu.au](mailto:paige.wilson@ed.act.edu.au)
- 8B: Katherine Harris – [Katherine.harris@ed.act.edu.au](mailto:Katherine.harris@ed.act.edu.au)
- 8C: Caitlin Taylor – [Caitlin.taylor@ed.act.edu.au](mailto:Caitlin.taylor@ed.act.edu.au)
- 8D: Cameron Steer – [Cameron.steer@ed.act.edu.au](mailto:Cameron.steer@ed.act.edu.au)
- 8E: Jonathan McCaskill – [jonathan.mccaskill@ed.act.edu.au](mailto:jonathan.mccaskill@ed.act.edu.au)

## Upcoming excursion Wednesday Week 10

On Wednesday of week 10 the year 8 students have been invited on an excursion to Zone bowling and iPlay in Belconnen. The excursion notes can be found in the gold staffroom as well as with pastoral care teachers. Copies have also been emailed out. The cost includes lunch at bowling however they will not have the opportunity to purchase food from other sources. Students will need to be in full school uniform and it is recommended that they bring snacks and a water bottle for the day.



Cattlin Hubbard | Year 8 Pastoral Care Advisor  
[Cattlin.hubbard@ed.act.edu.au](mailto:Cattlin.hubbard@ed.act.edu.au)

## Year 9 News

As we approach the end of term Year 9 are finishing work on their Giving projects for the Week 10 Expo. This is a two-day event in which the Year 9s present their Giving Project to members of the school, primary school students, parents, carers and the wider community. Parents and carers are invited to come along on the Wednesday night (25<sup>th</sup> September) to listen to the students talk about how they chose to give back to the Lanyon and Australian community. We hope to see you all there.

Some of the giving projects include:

- Making care packages for the Canberra homeless community
- Collecting lids for kids
- Organising renewable cups to be used at the Breakie bar
- Art mentoring at local Primary school
- Raising awareness about domestic violence



Congratulations to Elissa Perez who is the first Owusu house member to receive her Bronze Award. Elissa is consistently demonstrating the school values of Lanyon High School.

## Graduation Points

A reminder to students to continue submitting their graduation point claim forms at student services. Many Year 9's have been participating in various school events and competitions this term, with some of the most recent ones including south side athletics carnival and the red room poetry excursion. We also have a group of Year 9 students working with Erindale College towards achieving competencies in espresso production and café skills.



## Looking Towards Year 10

Please keep in mind the various excursions and projects available to students when they enter Year 10, and the associated costs. I would like to make sure students and their families can participate in any of these that they wish. Some big ones include Year 10 camp to Melbourne, the Year 10 Formal, Vocational Learning Options, year 10 jumper, Road Ready, and the Road Trauma excursion.

Soon we will provide students and parents with a list of Year 10 events, including approximate dates and costs for these. These may be subject to changes of course but we will endeavour soon to set up ledgers so families can begin paying off these excursions early if they like. If you have any concerns about payments please don't hesitate to contact the school early about these, as the school maintain funds to support families that are experiencing financial difficulties.

As always if you have concerns or questions please get in touch with myself or the relevant staff.

Emma Menzies | Year 9 Pastoral Care Advisor

[emma.menzies@ed.act.edu.au](mailto:emma.menzies@ed.act.edu.au)

## Year 10 News

**Year 10 Melbourne Trip** – payments and notes were due this week. Please talk to me if you have concerns about this. I need to begin compiling medical and dietary requirements ASAP to pass on to the places we are purchasing food from.



**College Course Selections** – If your child missed the course selection interviews/evenings please contact the college to arrange a time to meet and do this. I'd encourage you to do this this term. Check their websites for further details, but Lake Tuggeranong College will be having another selection session at the college next week for students who have not done course enrolments yet.

**Road Trauma Excursion** – Next Wednesday morning. Students need to be at the school at 5:30am – the bus is leaving at 5:45. We will post updates to the Facebook page on expected return time and will encourage students to message parents this info too.

Bags/backpacks **are not** permitted at the venue. Students will need to leave bags on the bus. We are encouraging students to bring only their lunch and any necessary medical/toiletry items into the venue, in a clear bag or even just a Woolies shopping bag. Students **are** permitted to bring their phones to the event.

## Rotary Interviews

Rotary Interviews are mock interviews that Year 10 participate in Term 3 of each year. Students have been working on resumes and cover letters for the past few months, and will use these in their interview.

- When: Thursday 19<sup>th</sup> September, Week 9.
- Where: Lanyon High School Learning Space
- Attire: Formal/smart casual

The average young Australian is expected to have 5 different career pathways in their lifetime. We'd like all our Year 10 students to understand that education and improving skills continue beyond the classroom. I think it would be very beneficial for all our students if you as parents/carers in their lives could have conversations with them about your experiences, or those of people you know, with job applications and interviews and career decisions or changes, to reinforce the importance of having good interview skills for life.

Year 10 Dates to Remember	
LTC Course Selection Interviews (at Lanyon)	Wednesday 28 <sup>th</sup> August (Week 6)
Road Trauma Excursion - Sydney	Wednesday 11 <sup>th</sup> September (Week 8)
Rotary Interviews	Thursday 19 <sup>th</sup> September (Week 9) 4pm – 7pm
Melbourne Trip	Sunday 22 <sup>nd</sup> – Friday 27 <sup>th</sup> September (Week 10)
Formal	Tuesday 3 <sup>rd</sup> December (Week 8)
Leavers Assembly – Final day of Year 10	Friday 6 <sup>th</sup> December (Week 8)
Presentation Night	Thursday 12 <sup>th</sup> December (Week 9)
Graduation	Friday 13 <sup>th</sup> December (Week 9)

As always if you have any concerns or questions please don't hesitate to contact me or your child's Pastoral Care teacher.

Matthew Sandeman | Year 10 Pastoral Care Advisor  
[matthew.sandeman@ed.act.edu.au](mailto:matthew.sandeman@ed.act.edu.au)

## LEARNING AND STUDENT ENGAGEMENT

### Wide Reading in English

At Lanyon High School this semester we are rolling out a wide reading program across all English classes. Students will regularly begin their English class with 10 minutes of sustained, silent reading. They are able to read the book of their choice and are welcome to choose fiction or non-fiction. Classes will regularly visit our new library to borrow books and will also be permitted to bring a book from home to read if they prefer. English teachers will also have a selection of books in the classroom to recommend to students and will regularly speak to students about what they are reading.

Through giving them choice over what they are reading, we hope to build a love of reading in our students and expose them to a wide range of texts, setting them up for a lifetime of reading for enjoyment and education. There are many benefits of reading such as relaxation, entertainment, improvement in vocabulary, spelling and writing, increased concentration, and an increase in the ability to empathise with others. We would love parents to support our wide reading program by talking to their child about the books they have been reading in class.

If you would like further information about the wide reading program, please contact Ms Klein.



A selection of books in Ms Farrelly's classroom



## ENRICHMENT

### Weights

The weights enrichment class benefits the mental and physical health of the students with activities such as stretching, boxing and weight lifting (with wooden poles for the student's safety). Each Tuesday during the enrichment class, students work together with each other and the teacher to learn new strategies.

The students have learnt basic techniques from how to squat properly through to developing basic knowledge of how to do a variety of Olympic and strongman lifts. Our aim by the end of the semester is to ensure students understand the technical side of going to the gym, and knowledge of how they can improve their own fitness through lifting.

Lucas Hayden



## ENRICHMENT

### Group Fitness

This semester, our group fitness enrichment class have been working hard to improve their overall fitness. Using the Les Mills On Demand application, we have been trying different fitness classes to build cardio fitness, core strength, flexibility & mindfulness. The highlight for us as their teachers has been the way that the students are all supportive and encouraging of each other and that they have been willing to give anything a go. Each student begins with their own goals for the session and works towards achieving them. Special mention goes to Jayden for his persistence during the recent Sh'Bam(dance based) class where he had to endure much more hip wiggling than anticipated.

### Origami



We started Origami Enrichment with a new group of students at the start of term. This semester we are enjoying having a wider mixture of year levels in the group. We have folded jumping frogs and water balloons and are half-way through some phoenixes. They look a bit like a floral arrangement partially completed. By the end of next lesson, we will have some beautiful phoenixes to show. We have also tried to make some lizards and dragons, but we ran into some tricky steps and ran out of time. Students have been patient when instructions have been difficult and happy to come back and try again. We will continue to practice those tricky petal folds.



Just before mid-semester break, we finished up first semester by making origami boxes. Some students went the extra mile in decorating their boxes.

## NOTICES

### Health & Physical Education – safety of valuables

Unfortunately, in recent weeks, we have experienced some theft from the HPE changerooms. Our HPE staff have been reviewing our procedures in this area and are working hard to support students to keep their valuable items secure. Please take a moment to remind your students that valuable items should not be left in the changerooms during HPE lessons. All HPE staff provide a valuables storage box for their class, where valuable items such as phones, wallets, etc can be placed. The valuables box is locked away, separately from bags in the changerooms, for the duration of the lesson. Whilst every effort will be made to support students in the event of lost or stolen items, it is the responsibility of each student to ensure the safety of their own valuable items.

### LANFEST MEGA RAFFLE - SEEKING DONATIONS



Our mega raffle is coming again & we're hoping to make it bigger and better than last year...which will be tough! We are currently collecting donations of prizes & are grateful for anything big or small to be raffled. If you, or anyone you know would like to donate a prize please contact [joh.davies@ed.act.edu.au](mailto:joh.davies@ed.act.edu.au) or drop donations in to the front office.

Popular prizes last year included gift vouchers for local businesses, restaurants, activities and services, food & beverages to contribute to hampers, sports gear/clothes that could contribute to a prize pack, toys, etc.

We are also happy to publicly recognise donations via our school social media & newsletters.

Thank you to the Lanyon Service Centre, Comeback Nutrition – Lanyon Marketplace and Goodberry's Erindale for kicking off our first donations.

