































## Year 7 – Pastoral Care - Australian Curriculum: Personal and Social Capability (2024)

Identify curriculum	Achievement standard	<p>In the Australian Curriculum, students develop personal and social capability as they learn to understand themselves and others, and manage their relationships, lives, work and learning more effectively. Personal and social capability involves students in a range of practices including recognising and regulating emotions, developing empathy for others and understanding relationships, establishing and building positive relationships, making responsible decisions, working effectively in teams, handling challenging situations constructively and developing leadership skills.</p> <p>Students with well-developed social and emotional skills find it easier to manage themselves, relate to others, develop resilience and a sense of self-worth, resolve conflict, engage in teamwork and feel positive about themselves and the world around them. The development of personal and social capability is a foundation for learning and for citizenship.</p> <p>Personal and social capability encompasses students’ personal/emotional and social/relational dispositions, intelligences, sensibilities and learning. It develops effective life skills for students, including understanding and handling themselves, their relationships, learning and work.</p> <p>When students develop their skills in any one of these elements, it leads to greater overall personal and social capability, and also enhances their skills in the other elements. In particular, the more students learn about their own emotions, values, strengths and capacities, the more they are able to manage their own emotions and behaviours, and to understand others and establish and maintain positive relationships.</p>			
	Year level description	The Pastoral Care curriculum will focus on introduction and induction into the Lanyon High School setting. The aim is to prepare students with the skills necessary to effectively participate in our community and to build connections, whilst identifying support networks and help seeking strategies.			
Teaching and learning	Term overview	Term 1	Term 2	Term 3	Term 4
		<p><b>Introduction to high school</b> Students will be inducted into the Lanyon Way through learning about our school, available programs and opportunities as well as where to go to get help when needed. They will participate in activities designed to build relationships and connections with staff, peers and our community, including Positive Behaviours for Learning (PBL), circle time, icebreakers, year 7 Wellbeing Diary, school orientation, camp, etc.</p> <p><b>Online Safety and PERMAH+</b> Students will learn about appropriate use of digital devices, with a focus on guiding their use of their Chromebook for learning. They will also learn basic information about digital safety, cyber behaviours and help seeking behaviours. Through Permah+ students will cultivate a resilient state of wellbeing and mental health in students.</p> <p><b>Career Tools</b> Throughout their four years at Lanyon High School, students will work continuously to develop a future careers plan and update it regularly. This plan aims to guide students toward their futures in a structured way. They will complete activities such as goal setting and developing learner profiles.</p> <p><b>Self Management and Self Awareness</b></p>	<p><b>Wellbeing and PERMAH+</b> Students will learn about maintaining positive wellbeing and how it can be positively impacted by a variety of factors such as growth mindset, healthy lifestyle, mindfulness and giving. Students will identify 5 adults they trust and can talk to when problems arise. Through Permah+ students will cultivate a resilient state of wellbeing and mental health in students.</p> <p><b>Career Tools</b> Students will continue to develop their future careers plan. They will identify their personal strengths and how their learning styles translate into work styles. They will also investigate future pathways that are linked to their areas of interest.</p> <p><b>Self Management and Self Awareness</b> Students will set SMART goals and use a student diary around the requirements of their classroom subjects. Students will have the opportunity to complete and then reflect on their ability to complete their goals cultivating effective planning skills and taking ownership of their learning journey.</p>	<p><b>Effective Communication and PERMAH+</b> Students will examine effective communication strategies in both text and oral presentations. They will examine the role diversity plays in effective communication and learn to appreciate and accept other points of view as necessary for development. They will develop public presentation skills necessary for effective communication. Through Permah+ students will cultivate a resilient state of wellbeing and mental health in students.</p> <p><b>Career Tools</b> Students will continue to develop their future careers plan. They will identify hopes, dreams and aspirations and how they can shape career pathways.learner profile.</p> <p><b>Self Management and Self Awareness</b> Students will set SMART goals and use a student diary around the requirements of their classroom subjects. Students will have the opportunity to complete and then reflect on their ability to complete their goals cultivating effective planning skills and taking ownership of their learning journey.</p>	<p><b>Relationships, bullying &amp; harassment and PERMAH+</b> Students will develop their understanding of the factors affecting healthy and unhealthy relationships. They will identify roles in bullying, harassment and conflict resolution and how they can positively impact situations. Students will also identify appropriate help seeking strategies through activities such as identifying trusted adults, conflict resolution and examining the impact of random acts of kindness. Through Permah+ students will cultivate a resilient state of wellbeing and mental health in students.</p> <p><b>Career Tools</b> Students will continue to develop their future careers plan. They will identify hopes, dreams and aspirations and how they can shape career pathways.</p> <p><b>Self Management and Self Awareness</b> Students will set SMART goals and use a student diary around the requirements of their classroom subjects. Students will have the opportunity to complete and then reflect on their ability to complete their goals cultivating effective planning skills and taking ownership of their learning journey.</p>

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	Cross curriculum priorities			 			 		
	General capabilities	 ICT capability  Personal and social capability  Literacy		 Personal and social capability  Literacy	 Intercultural understanding  Personal and social capability  Ethical behaviour  Literacy	 Intercultural understanding  Personal and social capability  Ethical behaviour  Literacy			
	Key to general capabilities and cross-curriculum priorities	 Literacy  Numeracy  ICT capability  Critical and creative thinking  Ethical behaviour  Personal and social capability  Intercultural understanding   Aboriginal and Torres Strait Islander histories and cultures  Asia and Australia's engagement with Asia  Sustainability							
Develop assessment	Assessment	Term 1		Term 2		Term 3		Term 4	
		Week	Assessment instrument	Week	Assessment instrument	Week	Assessment instrument	Week	Assessment instrument
		9	Career Tools	3	Career Tools	3	Career Tools	3	Career Tools
		11	Goal setting document	Ongoing	Support Network and Strategies Portfolio	Ongoing	Building portfolio	7	Speech
				8	Goal setting document	10	Goal setting document	7	Goal setting document
Make judgments and use feedback	Moderation	Term 1		Term 2		Term 3		Term 4	
		Week 1 - Unit orientation/planning Week 9 - Review unit/term. PC teachers to bring work samples. Annotate good samples for documentation		Week 1 - Unit orientation/planning Week 9 - Review unit/term. PC teachers to bring work samples. Annotate good samples for documentation		Week 1 - Unit orientation/planning Week 9 - Review unit/term. PC teachers to bring work samples. Annotate good samples for documentation		Week 1 - Unit orientation/planning Week 9 - Review unit/term. PC teachers to bring work samples. Annotate good samples for documentation	