

### PRINCIPAL'S MESSAGE

## Welcome to 2020!

### Safety, hygiene, wellbeing and learning

I am particularly proud of how well our students are responding and cooperating with the challenge of COVID-19. For staff, parents and carers, it can be difficult to find the most up-to-date and accurate information, particularly about self-isolation, quarantine and what to do if you or your child is unwell. My advice is to **rely on the information provided on the ACT Health website;**

<https://health.act.gov.au/about-our-health-system/novel-coronavirus-covid-19>

<https://www.education.act.gov.au/public-school-life/information-on-novel-coronavirus-covid-19>

We expect parents/carers to follow the instructions about self-isolation for their children. Teaching staff will ensure that there are learning activities for students on the Google classroom pages. If you have any concerns or question about learning activities, please email the relevant teacher.



School staff are checking regularly to ensure that there is soap available in all toilets. We have limited supplies of hand sanitiser, so if you child can provide their own for their personal use, that is advisable. We are advising students to wash their hands regularly and use safe practices if coughing or sneezing. Please re-enforce these messages with your child/ren.

We will continue to run the school as close to normal routines as possible, whilst monitoring the wellbeing of our students. Staff are mindful of having productive conversations about what is going on around the world and locally so that students receive accurate information. The main focus is to continue with normal routines and classroom learning. Tips from headspace for young people about anxiety they might be feeling re Covid-19: <https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/>

The Australian Psychological Society has developed a resource with tips for coping with anxiety related to COVID-19.

<https://www.psychology.org.au/getmedia/38073179-4701-48bd-afd9-988c560ee2f9/20APS-IS-COVID-19-P1.pdf>

20 Heidelberg Street  
CONDER ACT 2906

### Webpage:

[www.lanyonhs.act.edu.au](http://www.lanyonhs.act.edu.au)

**Email:** [lanyonHSinfo@ed.act.edu.au](mailto:lanyonHSinfo@ed.act.edu.au)

**General Enquiries:** (02) 6142 1800

**Absences:** (02) 6142 1815 or

[lanyonHSstudentabsences@ed.act.edu](mailto:lanyonHSstudentabsences@ed.act.edu.au)  
**u.au**

**Principal:** Barbara Monsma

**Deputy Principal:** Rebecca Cusick

**School Board Chair:** Peter Henry

**P&C President:** Cath Windsor

### Coming Events

**10 April:** Good Friday Public Holiday

**13 – 24 April:** School Holidays

**27 April:** Anzac Day Public Holiday

For more details about community events and services please see

[http://www.lanyonhs.act.edu.au/news\\_and\\_events](http://www.lanyonhs.act.edu.au/news_and_events)

Please note: services and events advertised on the Lanyon High School website are not endorsed or associated with Lanyon High School.

- Dwarfism Awareness
- Smith Family help with school costs
- Parentline ACT and Kids Helpline
- Headspace Canberra Youth Ambassadors
- Tutoring before/after school



Lanyon High School acknowledges the Ngunnawal people, the traditional custodians of this land. We would also like to pay respects to the United Ngunnawal Elders Council and to the Elders, both past and present of the Ngunnawal nation. We would also like to extend that respect to other Aboriginal and Torres Strait Islander people in our community.

### Excursions and refunds

You will be aware that all school excursions and gatherings have been cancelled or postponed. This includes assemblies, work experience, National Day of Action, Outdoor Education and Year 7 Camp plus a range of other excursions. Some excursions we are hoping to hold later in the year, but at this stage we will need to wait and see before making future plans. We expect that we will be able to refund the full cost of most, if not all, excursions. The school will be in touch with you via email with regards to this in the next couple of days. **Please be patient**, as front office staff will need to process hundreds of refund transactions for the various excursions that were planned for this term.

### Parent-teacher night – alternative plans

Mid semester report will still be emailed home on Wednesday 1 April. Included in the report will be a link to book for parent-teacher interviews. **The face-to-face interviews will not proceed and instead, teachers will use the booking information to let them know of parents who would like to receive a phone call instead.** Teachers will phone parents during week 10 of term 1 and week 1 of term 2 to discuss their child's progress. These phone interviews will need to be kept strictly to 10 minutes in order for teachers to contact all of the parents/cares who make a request for a phone call.



### New staff – Occupational Therapist

Over the next term, there will be an Occupational Therapist working with Lanyon High School. Occupational therapists (OTs) support schools and teachers to enable students to access their learning and participate in the full range of school life. This may include joining in school activities, leisure and interacting with other people, acting safely at the school, and looking after themselves while at school. You may see the OT in the classroom with a teacher, at lunch time or working with individual students.

### Acting Principal – Rebecca Cusick

I will be absent for the remainder of the term as I travel interstate on carer's leave. **Rebecca Cusick will act as principal during this time.** Kim Rice will act as Deputy Principal and Emma Menzies will act as Executive Teacher of Arts & Technologies. I have every confidence in the Lanyon High School leadership team to lead the school over the coming weeks.

Barbara Monsma  
Principal



*News from the Principal*

## YEAR 7 WELCOME EVENING

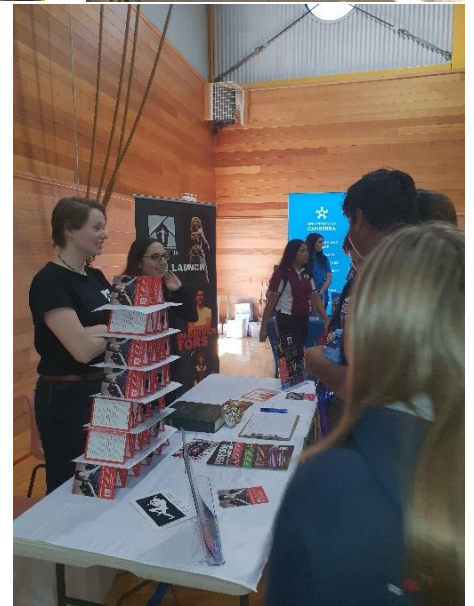
Thanks to all the parents who attended the Year 7 Welcome Evening of 2020. It was wonderful to meet you all face to face and for you to have toured the school and attended your students' classes. The classroom teachers appreciated your attendance and enjoyed discussing their subjects and the learning your students will be experiencing this year. We look forward to continuing to build this relationship with you over the next four years of education at Lanyon High School.

Louise Farrelly  
Year 7 Pastoral Care Advisor  
English & HASS Teacher

## TUGGERANONG CAREERS EXPO

In week 4 the Year 10 students had the opportunity to attend a Careers Expo held at Tuggeranong College. A range of future education providers and career paths were represented. Year 10 took the opportunity to ask lots of important questions about education and career pathways and tried their hand at new skills and technology available on the day.

Emma Menzies  
Year 10 Pastoral Care Advisor  
Food & Hospitality Teacher



## OZTAG

During Enrichment on Tuesdays 48 students have chosen to improve their teamwork skills by playing OzTag. The students are developing their understanding of how to work in teams with players of various abilities and knowledge of the game. They enjoy playing a game of Oztag in mixed teams across Year 7 to 10. They are encouraged to include all team members and to control the game with limited teacher involvement as referees. It is encouraging to see the skills and knowledge of the game improve each week and see how inclusive the teams are becoming.

James Plowman  
HPE Teacher & Sports Coordinator



## SWIMMING CARNIVAL

On Friday 21st February, Lanyon high school hosted its annual swimming carnival at Queanbeyan aquatic centre. It was a fantastic day filled with colour, competitive racing and novelty events amongst other things. There was great house spirit from all year groups and every student demonstrated the school values. Congratulations to Paterson who narrowly defeated Owusu to win the overall house standing and to the following students for outstanding results in all their events:

- Eden Corby
- Hayley McCoy
- Adam Bennett
- Lisa Nguyen
- Oliver Drew
- Liam Bornholm

Thank you to the HPE team for putting on such a great day!

James Plowman  
HPE Teacher & Sports Coordinator



## HOTSTART

5 LHS students were part of a group of 13 students from various schools who attended the Hotstart program at Erindale College for a week during week 4. This program taught the students hospitality skills, industry standard of holding 3 plates, cooking and serving wine skills. On the final day the students cooked 300 meals for OzHarvest as a donation for people in need (homeless, single parents, victims of dv).

The students also had help finishing their resumes and practicing interview skills with representatives from the hospitality industry which gave them valuable skills to help with the searching for future casual jobs.

It was an enjoyable week and the students made some really tasty meals, they enjoyed the teachers and making new friends.

Lisa Johnston  
Career Practitioner  
Year 8 HaSS, Year 10 HaSS, Year 9/10 HPE, Year 7 MacqLit, Year 10 Transition

## Parent/Carers Workshop

### Literacy Accessibility Tool

*Boost reading and writing confidence*

### Read & Write for Google Chrome (RW4G)

Read & Write for Google Chrome (RW4G) offers support for Google Docs and the web and is especially beneficial for students with diverse literacy needs. It offers a range of powerful support tools to assist students to gain confidence with reading, writing, studying and research e.g. text to speech, speech to text, word prediction.

RW4G is available free for all students and teachers in ACT Public Schools. Students can access the tool anywhere at school, home etc. The licence has been extended for the next 3 years.

#### Workshop details and registration

Two workshop sessions will be offered, if you are interested in attending please register for **one** of the workshop dates by emailing to [michelle.vanpuyvelde@act.gov.au](mailto:michelle.vanpuyvelde@act.gov.au) and/or **6207 4225**.

Term 2 2020, wk.2

Thursday 7th May 4.00-5.30pm

**Venue:** Centre for Teaching & Learning Hedley Beare  
51 Fremantle Drive Stirling ACT

**Room:** Mezzanine

Term 3 2020, wk.6

Tuesday 25th August 4.00-5.30pm

**Venue:** Mount Stromlo High School 220 Badimara St, Waramanga  
ACT

**Room:** Library

*If you want to learn more about Read & Write for Google Chrome below are links to a variety of videos.*

- [https://www.youtube.com/playlist?list=PLvSZbmGbKpCTkk3S93CXtQWNf50f\\_Ow3D&disable\\_polymer=true](https://www.youtube.com/playlist?list=PLvSZbmGbKpCTkk3S93CXtQWNf50f_Ow3D&disable_polymer=true)
- <https://www.texthelp.com/en-au/products/read-write/read-write-for-google/>
- <https://www.texthelp.com/en-au/sectors/education/schools/>