

PRINCIPAL'S MESSAGE

Welcome back to school

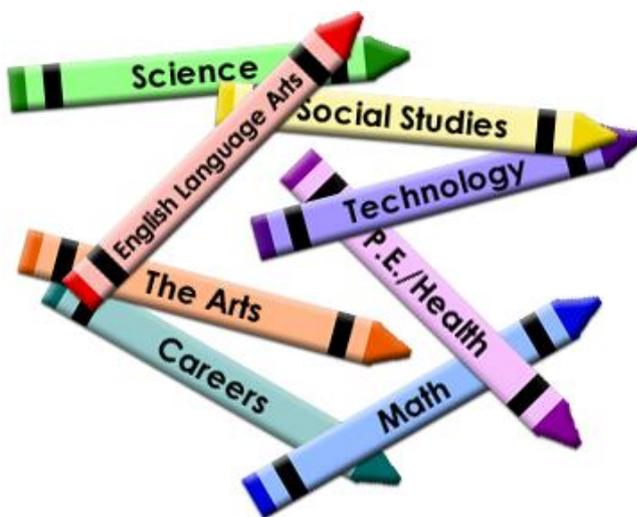
It's great to be back to school with a very sunny and warm beginning to term 4. Slowly but surely, we are returning to fairly normal operation at school. We are carefully noting the ACT Education Directorate RoadMap for school events, including excursions, graduations, presentation night, year 10 formal and other end-of-year-activities. If you'd like more detail, please click on the link to the Education Directorate's website;

<https://www.education.act.gov.au/public-school-life/covid-school-arrangements>

Thankfully, as many restrictions ease we've been able to explore opportunities for more of these events, however, there are still restrictions on the number of adults at the school and the distances which excursions can travel. We will email you more updates about each event as they approach. In the meantime, thank you for your cooperation by keeping children at home if they are unwell and limiting visits to the school site – your support is much appreciated. We remind students and visitors to continue to practice good hand hygiene, regularly use hand sanitiser and keep physical distancing in mind.

Senior Course Information for year 8 and 9 students

During week 1 Pastoral Care I will be giving presentations to year 8 and year 9 students about their year 9 or 10 subject selections and other course information. In this presentation I will briefly explain some aspects of the year 9 and 10 program, such as Year 10 Certificates, Graduation Points and Work Experience. I will be making a parent/carer version of the presentation which will be emailed out to those parents in week 2. Students in year 8 and 9 will make their elective subject selections for 2021 during the week 2 Pastoral Care Session. I strongly encourage parents/carers to take the time to discuss with their child/ren the information provided in the Senior Course Information Booklet so that students can make an informed decision about their elective choices for 2021.



http://www.lanyonhs.act.edu.au/data/assets/pdf_file/0010/488773/Senior_Course_Information_Booklet_2021.pdf

20 Heidelberg Street
CONDER ACT 2906

Webpage:

www.lanyonhs.act.edu.au

Email:

lanyonHSinfo@ed.act.edu.au

General Enquiries: (02) 6142 1800

Absences: (02) 6142 1815 or

[lanyonHSstudentabsences](mailto:lanyonHSstudentabsences@ed.act.edu.au)

@ed.act.edu.au

Principal: Barbara Monsma

Deputy Principal: Rebecca Cusick

School Board Chair:

Andrew Windsor

P&C President: Cath Windsor

Coming Events

1 December: Year 10 Formal

18 December: Last day of Term 4

For more details about community events and services please see http://www.lanyonhs.act.edu.au/news_and_events

Please note: services and events advertised on the Lanyon High School website are not endorsed or associated with Lanyon High School.

- Dwarfism Awareness
- Smith Family help with school costs
- Parentline ACT and Kids Helpline
- Headspace Canberra Youth Ambassadors
- Tutoring before/after school



Lanyon High School acknowledges the Ngunnawal people, the traditional custodians of this land. We would also like to pay respects to the United Ngunnawal Elders Council and to the Elders, both past and present of the Ngunnawal nation. We would also like to extend that respect to other Aboriginal and Torres Strait Islander people in our community.

Warming weather and school uniform

A reminder that as the weather warms up, families should consider if they need to purchase more uniform. There is a small selection of second hand uniform available at the front office. If you are experiencing financial difficulties, please contact the school so that we can discuss accessing student support funds. Information is kept confidential.

Barbara Monsma
Principal



YEAR 10

In Week 10 of Term 3, Year 10 traditionally goes on a week-long excursion to Melbourne. Due to restrictions this year, this excursion was cancelled. Year 10 went into the City centre and participated in a scavenger hunt, then went to Kingpin and had bonding time playing arcade games, ten-pin bowling and for the braver students - Karaoke. The team that won the scavenger hunt were Miss Pickering's group. The best bowler of the day was Jack Wilson. We then moved to Dendy Cinema and watched *Hunt for the Wilderpeople*. Students were amazing, polite and had a wonderful time celebrating our achievements thus far and consolidating friendships.



Term 4 for year 10 has always been a very short, jam packed term. I have encouraged students to continue to be on task and committed to their learning right until the end of the term. This term has several important events on for year 10. Please be sure to put them in your calendar. Reminders and more information will be sent as these dates get closer.

Various transition days to colleges for some students,

Formal – Dec 1st. Permission notes with medical information will be sent out in the very near future.

Last day for year 10 – Dec 4th

Presentation Night – Dec 10th

Year 10 Graduation assembly – Dec 11th

If you have any questions, please contact your child's pastoral care teacher.

Kelly-Anne Guy
Year 10 Pastoral Care Advisor

YEAR 8

Pastoral Care Lessons

In Pastoral Care this term, students will be learning about studying “What’s my brand?” Students will explore their personal morals and values and why they are important to them and others. They will develop an understanding of how their values fit within the broader community to create perceptions and personal image. They will start to identify what and who they want to be, followed by how they get there. This will tie in nicely to our ongoing work on Pathways Planning.

House Points

We are currently sitting in 2nd place in the race to the end of the year in the House Cup. We encourage all students to actively collect Lanyon Legend stamps and hand their completed cards into the rolls office. There are some great prizes on offer for our top point earners and every card handed in has the chance to win a raffle prize including Rebel Sport vouchers, electronics, drink bottles, stationary items and more.

Bowling & iPlay Excursion

After a busy term 3, year 8 celebrated it’s end in style. They began the day with Ten Pin Bowling and moved to iPlay after lunch. There was some excellent form on show and some students definitely ‘meant business’, as they managed to bowl 3 games in a short space of time. Mr Plowman definitely set the standard and was always on hand to share some helpful advice on bowling technique.

After a quick bite to eat, we enjoyed a short walk to iPlay where students played a range of arcade games, laser tag, dodgem cars and some even did more bowling. Laser tag seemed to be a favourite with many students keen to get some shots on their teachers.

All students had a great time and represented Lanyon High School in a very positive way. We are very proud of our year group for displaying the traits of safe, respectful learners.





YEAR 9 GIVING EXPO

Over the course of Term 3, students worked in Pastoral Care lessons to come up with an idea on how they could give back to the local and wider communities. They then worked with a mentor teacher to bring their project to life. Projects ranged from cleaning up the school community, to raising awareness of wildlife concerns, to raising funds and collecting donations to give to the local Gordon Community Pantry.

The project then culminated in a presentation to the Lanyon High School staff which included a rationale on what they did and why they chose the project that they did.

The students participated fantastically, and the feedback provided from staff expressed how wonderfully the students participated, expressed their ideas and communicated how they gave back to the community. I am so proud of how all the students who participated in the project and the expo presented themselves and their projects.

Cattlin Hubbard
Year 9 Pastoral Care Advisor

HEALTHY KIDS CANTEEN

Healthy Kids will be starting their new canteen program at Lanyon High School next week! It will be running on Thursdays and Fridays. We encourage you to order your lunches online, to ensure your student is catered for. If you have any questions, please contact the front office on 6142 1800.

Details on how to order an online account have been sent out with the newsletter.

BE COVID-SAFE WHEN RETURNING TO SCHOOL

As students return to school from school holidays, it is as important as ever to be COVID-safe, especially if you have travelled interstate.

If students begin to feel unwell, they should stay home from school and if they have even the mildest of COVID-19 symptoms, they should get tested just in case and self-isolate until they receive their results.

If you travelled interstate over the school holidays, monitor the COVID-19 website of the state or territory you visited for two weeks after returning to see if there are any new cases where you visited. Keep up to date and follow the website's advice about testing and self-isolation, if required.

If you had interstate friends and family visit, ensure they keep you up to date if they are feeling unwell or if there are any new positive COVID cases reported in their area.

If we keep being diligent and follow the public health advice, we can continue to keep our schools, students and staff safe.

For more information about interstate areas that have had recent COVID-19 cases and what symptoms to monitor, visit www.covid19.act.gov.au

Arrived home with a

- fever
- cough
- sore throat
- shortness of breath
- loss of smell and taste
- runny nose?

Keep CBR
**safe &
strong**

Get tested for COVID-19



Stay 1.5m apart



Wash your hands
regularly



Stay at home
if you're unwell



Get tested if you
have any
COVID-19 symptoms





Healthy Kids Canteen Menu Lanyon High School

Order online at myschoolconnect.com.au

Term 4
2020

Salad, sandwiches, wraps & sushi

Assorted in display fridge \$4.00 - \$5.50

Gluten free and vegan dishes available online

Snacks

Piece of fruit	\$1.50
Koala popcorn (lightly salted, BBQ, chicken)	\$2.50
Muffins (assorted flavours)	\$2.50
Banana bread	\$1.50
Chocolate mousse cup	\$2.00
Cheesy garlic bread	\$2.00

Drinks

Water: 600ml	\$2.00
Juice (apple, orange, apple/blackcurrant)	\$2.00
Plain milk: 300ml	\$2.00
Plain milk: 500ml	\$3.00
Flavoured milk (chocolate, strawberry): 300ml	\$2.50
Flavoured milk (chocolate, strawberry): 500ml	\$4.00
Glee lightly sparkling juice (blackcurrant, tropical or raspberry)	\$3.00

Frozen

Twisted frozen yoghurt	\$2.80
Paddle Pops	\$2.50
Juice cups	\$1.50
Quelch stick	\$0.80 each or 2 for \$1.50

Hot Food

Thursday / Friday

Each day will offer an assortment of the following:

Potato gems	\$3.00
Toasted pockets (assorted flavours)	\$3.00
Melts	\$3.00
Oven-baked wedges	\$3.50
Oven-baked wedges - with salsa and cheese	\$4.50
Loaded wedges (beef, chicken)	\$5.00
Pizza squares (veggie, chicken, Hawaiian)	\$4.00
Sausage rolls	\$4.50
Pasta / lasagne	\$5.00
Nuggets (6)	\$5.00
Beef pies	\$5.50
Veggie fried rice	\$4.50
Burgers (grilled beef, crispy chicken)	\$5.50
Beef burrito - seasoned beef, rice, lettuce, cheese, salsa	\$5.00
Chicken tender wraps and subs:	
Mini wrap	\$2.50
Large wrap	\$5.00
Sub	\$5.00
Torpedo sub	\$6.00

Gluten free and vegan dishes available online