## Lanyon High School

## Year 9/10 — Outdoor Education - Australian Curriculum (2024)

ldentify curriculu m	Achievemen t standard	By the end of Year 10, students propose and evaluate personal strategies to manage their identities, emotions and responses to change. They evaluate how attitudes and influence the nature and quality of relationships. Students propose and justify strategies to manage online and offline situations where their own or others' health, safety, responses health information from credible sources to propose and justify strategies to enhance their own and others' health, safety, relationships and wellbeing. Students skills and performances, and apply movement concepts in challenging or unfamiliar situations. They adapt and transfer movement strategies to unfamiliar situations to act evaluate community-based physical activity interventions designed to improve the health, fitness and wellbeing of themselves and others. They apply and evaluate leader behaviours across a range of movement contexts.				
	Year level description	Focus areas to be addressed in Outdoor Education include water safety, outdoor adventure planning and preparation, canoeing, caving, bushwalking and values educat to participate in a range of day trips and two outdoor adventure camps, where they can challenge themselves physically and mentally and build social emotional skills include to participate in a range of day trips and two outdoor adventure camps, where they can challenge themselves physically and mentally and build social emotional skills include to participate in a range of day trips and two outdoor adventure camps, where they can challenge themselves physically and mentally and build social emotional skills include the section of the section				
Teaching and learning	Term overview	Term 1		Term		
	overview	practical a pool safet through a apply the opportunit	will develop knowledge and skills in water safety through a range of theoretical concepts and activities. They will learn how to identify potential dangers in a variety of water sources as well as y and basic rescue techniques. Students will have the opportunity to enhance their learning practical pool swimming session and multiple canoeing trips, including a camp, where they will skills learned in class. Students will develop knowledge in outdoor cooking and meal planning with ties to utilise their skills in camp menu planning, trangia safety and leave no trace principles. Team eadership and inclusion will underpin all aspects of Outdoor Education.	Students will develop knowledge and skills in outdoor safe activities. They will learn navigation skills and techniques to Students will develop knowledge of caving and bushwalkin Students will develop knowledge in outdoor cooking and m camp menu planning, trangia safety and leave no trace pri underpin all aspects of Outdoor Education.		
	Cross curriculum priorities	÷ •		■		
	General capabilities	₩ 🗢 🗢 🌐		♥ ₩ Φ		
	Key to general capabilities and cross-curriculu m priorities	<ul> <li>Literacy</li> <li>ICT capability</li> <li>Critical and creative thinking</li> <li>Ethical behaviour</li> <li>Personal and social capability</li> <li>Intercultural understand</li> <li>Aboriginal and Torres Strait Islander histories and cultures</li> <li>Asia and Australia's engagement with Asia</li> <li>Sustainability</li> </ul>				
Develop assessm ent	Assessment	Term 1		Term		
		Week	Assessment instrument	Week	Assessi	
		6	Canoeing Skills Team Building (ongoing assessment)	10-18	Land Based Skills Team building (ongoing assessment)	
		8	Assessment - Camp plan	8	Assessment - Planning an Expedition	
Make judgmen ts and use feedback	Moderation	Term 1 Term				
		Teachers moderate assessment tasks to ensure consistency of judgments.				



and beliefs about equality, respect, diversity and inclusion y, relationships or wellbeing may be at risk. They ents evaluate and refine their own and others' movement achieve successful outcomes. Students propose and dership approaches, collaboration strategies and ethical

cation. Students will also be given the opportunity including resilience and teamwork.

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fety through a range of theoretical concepts and practical s that will be used practically throughout the term. king safety techniques, practically and theoretically. meal planning with opportunities to utilise their skills in principles. Team building, leadership and inclusion will

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