



Healthy Kids Canteen Menu Lanyon High School

term 4
2020

Order online at myschoolconnect.com.au

Salad, sandwiches, wraps & Sushi

Assorted in display fridge \$4.00 - \$5.50

Gluten free and vegan dishes available online

Snacks

Piece of fruit	\$1.50
Koala popcorn (lightly salted, BBQ, chicken)	\$2.50
Muffins (assorted flavours)	\$2.50
Banana bread	\$1.50
Chocolate mousse cup	\$2.00
Cheesy garlic bread	\$2.00

Drinks

Water: 600ml	\$2.00
Juice (apple, orange, apple/blackcurrant)	\$2.00
Plain milk: 300ml	\$2.00
Plain milk: 500ml	\$3.00
Flavoured milk (chocolate, strawberry): 300ml	\$2.50
Flavoured milk (chocolate, strawberry): 500ml	\$4.00
Glee lightly sparkling juice (blackcurrant, tropical or raspberry)	\$3.00

Frozen

Twisted frozen yoghurt	\$2.80
Paddle Pops	\$2.50
Juice cups	\$1.50
Quelch stick	\$0.80 each or 2 for \$1.50

Hot Food

Thursday / Friday

Each day will offer an assortment of the following:

Potato gems	\$3.00
Toasted pockets (assorted flavours)	\$3.00
Melts	\$3.00
Oven-baked wedges	\$3.50
Oven-baked wedges - with salsa and cheese	\$4.50
Loaded wedges (beef, chicken)	\$5.00
Pizza squares (veggie, chicken, Hawaiian)	\$4.00
Sausage rolls	\$4.50
Pasta / lasagne	\$5.00
Nuggets (6)	\$5.00
Beef pies	\$5.50
Veggie fried rice	\$4.50
Burgers (grilled beef, crispy chicken)	\$5.50
Beef burrito - seasoned beef, rice, lettuce, cheese, salsa	\$5.00
Chicken tender wraps and subs:	
Mini wrap	\$2.50
Large wrap	\$5.00
Sub	\$5.00
Torpedo sub	\$6.00

Gluten free and vegan dishes available online