



# LANYON HIGH SCHOOL

## NEWSLETTER

Week 1 Term 1 2023



**ACT**  
Government  
Education

### PRINCIPAL'S MESSAGE

#### Welcome to 2023!

Welcome to the start of the 2023 school year. It's been great to welcome about 140 year 7s to their first week of high school along with around 20 new year 8 to 10 students. Students have been positive and enthusiastic as they get to know their new school. We're excited to be able to run several events this term such as the swimming carnival, Year 7 Welcome Evening and excursions. We will be able to engage in lots of exciting and fun programs that are offered by the school.

#### Staffing news

There have been a number of staff who left the school at the end of 2022 to take up positions elsewhere or go on maternity leave. Because of this I would like to welcome some of new staff to the school:

Stefan Andonovski – Executive teacher students services

Kathryn Nielsen – English/HaSS

Crystal Martin – Food technology

Silvana (Sil) Cooper – Youth Support Worker

Caitlin Kores – Learning Support Assistant

Ashley Howes – Business Manager

We also offer **congratulations go to Emma Menzies** who has won a permanent promotion to executive teacher in Student Services. This means we now have two executive teachers in Students Services to assist students and teachers to have positive experiences at school and provide additional, targeted support when required.

#### Who do I talk to about what?

One of the challenges of high school life is knowing who to talk to about what. Hopefully this guideline below will get you started;

- Subject/classroom questions – talk to the classroom teacher. By early week 2 you will receive an email with your child's timetable. This will list their subjects and teachers, including their Pastoral Care teacher.
- General welfare and wellbeing – the Pastoral Care teacher is usually a good place to start
- Serious welfare concerns – Pastoral Care Advisor or Student Services
- Attendance – for short term absences, contact the Rolls Officer; for longer term absences or attendance concerns, contact the Pastoral Care teacher
- Front office - administration such as uniforms, payments, excursions, permission notes etc

20 Heidelberg Street  
CONDER ACT 2906

#### **Webpage:**

[www.lanyonhs.act.edu.au](http://www.lanyonhs.act.edu.au)

#### **Email:**

[lanyonHSinfo@ed.act.edu.au](mailto:lanyonHSinfo@ed.act.edu.au)

**General Enquiries:** (02) 6142 1800

**Absences:** (02) 6142 1815 or  
[lanyonHSstudentabsences@ed.act.edu.au](mailto:lanyonHSstudentabsences@ed.act.edu.au)

**Principal:** Barbara Monsma

**Deputy Principal:**

Rebecca Cusick

**School Board Chair:**

Neshia Traise

**P&C President:** Vacant

#### Upcoming Events

##### **Week 2**

Wednesday 8<sup>th</sup> – School Photo Day

Friday 10<sup>th</sup> - Year 7 Camp notes due

##### **Week 3**

Friday 14<sup>th</sup> - Year 7 Welcome  
Evening

##### **Week 4**

Friday 24<sup>th</sup> – Swimming Carnival  
permission notes due

Please note, services and events advertised on the Lanyon High School website or newsletter are not endorsed or associated with Lanyon High School. For more information regarding upcoming school and community events please visit our Facebook and Instagram accounts.

[Lanyon High School](#)

[@LanyonHighSchool](#)

Lanyon High School acknowledges the Ngunnawal people, the traditional custodians of this land. We would also like to pay respects to the United Ngunnawal Elders Council and to the Elders, both past and present of the Ngunnawal nation. We would also like to extend that respect to other Aboriginal and Torres Strait Islander people in our community.

If you're still not sure, then call or email the Front Office staff and they will point you in the right direction. For contact emails and phone numbers:

[http://www.lanyonhs.act.edu.au/contact\\_us](http://www.lanyonhs.act.edu.au/contact_us)

[http://www.lanyonhs.act.edu.au/about\\_us/staff](http://www.lanyonhs.act.edu.au/about_us/staff)

For more information about information about communication please click on the links below:

[Working Together with Your School](#)

[Talking with your school](#)

These are Education Directorate publications which describe the school's procedures as well as expectations about how school staff and parents/carers can communicate effectively.

### **Year 8 'Runner' – a school community service**

During year 8 each student is asked to contribute to the smooth operation of the school by being a 'runner' twice per year. The runner provides a community service to the school by doing tasks that support the work that goes on in Student Services and sometimes in the front office. The runner might do such tasks as; deliver notes around the school, fold pamphlets/folders or organise spare uniforms. All year 8 students are invited to contribute to this service, however they can choose to 'opt out'. They might also choose to do this for part of the day in order to attend a particular lesson. If you do not wish for your child to participate in this activity, please contact the front office.

### **Student Support Funds**

A reminder to all parents and carers that the school operates a student support fund. This provides funds to parents who are experiencing financial difficulty. Funds can be used to help any student access activities that the school would normally anticipate a whole year group, class or specific group of students would attend. They can also be used for uniform, stationery supplies and the costs of Chromebook repairs. If you are experiencing financial difficulties, please contact me so that we can discuss accessing this support fund. Information is kept confidential.

Barbara Monsma  
Principal

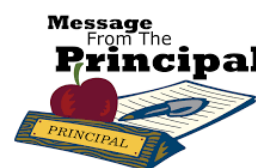
### **Year 7 Parents and Carers Welcome Evening**

**Tuesday 14 Feb**

5pm - 6pm Casual drop in in the canteen with reps from various community organisation such as Mura Youth Centre, Young Carers ACT and a few others.

**6pm - 7.40pm**

A short greeting from the Principal and Year 7 Pastoral Care Advisor in the Learning Space, then meeting year 7 teachers in their classrooms.



## LHS NEWS

School Board nominations will open on the 6th February and close on the 20th February.

We currently have 3 vacancies

- 2 x Staff Members
- 1 x Student Member

If you are interested in sitting on the School Board nomination forms will be available to collect at the front office.

## YEAR 7 AND 10 IMMUNISATIONS

Due to a change in ACT Schools Immunisation scheduling, Year 7 immunisations will now be held on Monday 20<sup>th</sup> March, where the students will receive the HPV and dTpa (Diphtheria, Tuberculosis, pertussis/whooping cough) injections.

Year 10 Meningococcal immunisations have been pushed back to Monday 16<sup>th</sup> October in Term 4.

In both these cases there is no need to get a new immunisation form with the changed date as the forms handed out during PC class are purely to record parental consent.

## STUDENTS SIGNING OUT EARLY

When a student needs to leave school before 3pm, they must provide evidence of parent permission to their classroom teacher and the student reception to be allowed to leave. If using a SMS text message for this purpose, it should be shown to the teacher on arrival at the class, then the phone put away.

Wherever possible, permission to leave should be arranged by the parent prior to the school day. Evidence of parent permission can include: a note from a parent, an email sent to [lanyonHSstudentabsences@ed.act.edu.au](mailto:lanyonHSstudentabsences@ed.act.edu.au) or a text message from a parent. Where it is not possible to arrange notification of leave prior to the class, parents must contact the front office (ph. 6142 1800) to arrange the sign out, and refrain from contacting the student directly (note: a text message may be sent from the parent during break times for this purpose).

## MOBILE PHONE POLICY

### Sending Text Messages To Students

Many students report that they receive text messages from parents during class time and they find it difficult to ignore, whilst parents report sending messages knowing that their student will not be able to respond until the break time. We ask that parents limit messages to students to our break times. We also suggest that students' mobile phones are put on sleep mode with notifications disabled during class time (9:00-11:00am, 11:30am-1:30pm and 2:00-3:00pm). It may be helpful to have a discussion with your student/s to let them know that you do not expect a response until their break time.

### Emergency Or Change Of Personal Circumstances During Class Time

Please contact the front office on ph. 6142 1800 and they will ensure a message is passed on, or the student called for.

## COMMUNITY ENGAGEMENT

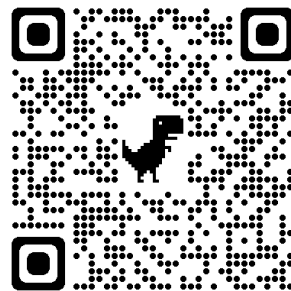
Welcome back to 2023! We are looking forward to a positive year with a return to family engagement activities. We have some great activities planned and look forward to sharing them with you. For those of you new to the school, my name is Penny Vanzwol and I am the Community Engagement Officer. My role involves connecting students and their families with community services to create positive outcomes for all students and to enable them to achieve their best during their High School years and beyond. Please reach out if I can support your family in any way.

My email is [Penelope.vanzwol@ed.act.edu.au](mailto:Penelope.vanzwol@ed.act.edu.au)

The start of a school year can be challenging for many students for a variety of reasons. There are many helpful online resources that can support young people and their families. Below are some links to helpful sites. Scan your camera over the QR Code - it will show a yellow rectangle to tap on and it will take you to the site.

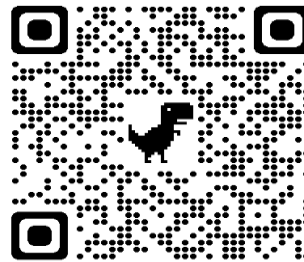
Andrew Fuller

Free online resources for  
common issues faced by  
teenagers



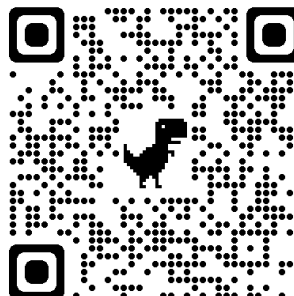
Kids Helpline

Provides online support and  
counselling for young people  
24/7



Mind

Outstanding resource for  
information about daily  
challenges and Mental  
Health



## Parent eSafety Education for Year 7


All year 7 parents and carers are invited to participate in the eSafety education team webinars to learn more about how they can support their child with technology and being safe online.

### Parent & Carer eSafety Webinars - 2023

All parents and carers of an ACT public school student are invited to attend an eSafety information session designed to develop their knowledge and skills in supporting their child with digital technologies. This webinar will look at understanding the current eSafety issues children and young people are experiencing, how to support your child to be safe online, resources for preventing and responding to online issues, and where to go for further support.

Families are invited to attend one or more of the following sessions held online from 6.00-7.00pm:

	Primary	Secondary
Term 1	21/2 or 23/3	23/2 or 21/3
Term 2	9/5 or 8/6	11/5 or 6/6
Term 3	1/8 or 31/8	3/8 or 29/8
Term 4	17/10, 14/11 or 16/11	19/10, 14/11 or 16/11



[bit.ly/3TyRaZx](https://bit.ly/3TyRaZx)

Scan the QR Code or type in the address for more information and to register for one or more parent and carer eSafety webinars.

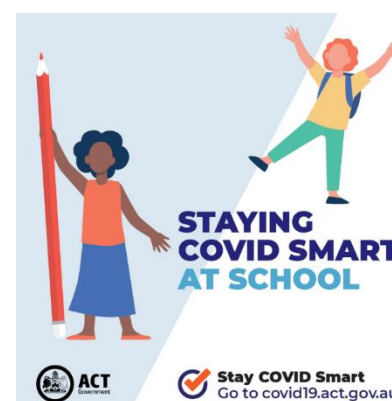
## Staying COVID Smart in 2023

Being COVID Smart remains a priority for all ACT public schools in 2023.

Students, staff and visitors are reminded to:

- Stay home if unwell and get tested for COVID-19
- Stay up to date with your vaccinations
- Practise good hand and respiratory hygiene
- Physically distance from others when in public places

Individual schools may implement additional measures to manage COVID-19 if deemed necessary in a particular setting. Any changes will be communicated to parents and carers.





**If your child has COVID-19, you must let the school know.** We recommend keeping your child home for at least five days. RATs are again available from the school for students in term 1 from the front office.

You can read more about how we are being COVID Smart in ACT public schools at <https://www.education.act.gov.au/public-school-life/covid-school-arrangements>

## CAREERS NOTICES

### **WEX (Work Experience)**

As training and education continue to change and adapt to the needs of the dynamic world of work, WEX (work experience) is an opportunity to assist young people to prepare them for the transition into the next phase of their lives. WEX focuses on the provision of cohesive links between school, employers, training providers, the community, and other stakeholders to ensure that young people have access to quality education services and transition support. In recognition of the need to link school and the world of work, WEX and the range of work placements and other vocational learning opportunities has expanded to enable all students to integrate their school studies with the world of work.

Students 14 years and over are eligible to participate in workplace learning programs; consideration will be given to their career readiness to do so in terms of their vocational development and their social and emotional maturity.

All students must receive a face-to-face Work Health and Safety (WHS) briefing, including their rights and responsibilities, prior to any workplace learning participation. WHS information in schools can be delivered by teachers, training providers or relevant industry guest speakers. Unions ACT and affiliates will present WHS information sessions free of charge to the school. These WHS information sessions are endorsed by the ACT Work Safety Council.

### **2023 Upcoming Careers Programs And Events**

#### **Young Workers Unions ACT Presentation**

Year 9 and 10 students are invited to attend the Young Workers Unions ACT Work Health Safety (WHS) Information presentation on the 6<sup>th</sup> February 2023. This will be a presentation delivered in Pastoral Care lines. Guest speakers are from Unions ACT. WHS information sessions are endorsed by ACT Work Safety Council and these briefings standardise the WHS information given to all students and ensure currency and accuracy. Presentation includes health and safety, rights, and responsibilities, leave and agreements in the workplace.

***Please note that this activity is compulsory for any student that wishes to participate in structured workplace learning, Work Experience (WEX), Vocational Learning Options (VLO) or Australian School Based Apprenticeship placement (ASBA).***

#### **White Card and Asbestos Awareness Training: Tuesday 14<sup>th</sup> March Wednesday 15<sup>th</sup> March 2023**

Students in year 9 & 10 2023, interest in completing the General Construction Induction (White Card) and Asbestos Awareness Training next year will need to complete the permission note and payment slip and return to the front office no later than the 6<sup>th</sup> March 2023.

Students will need to see me (Glenda Johnson) to receive a permission note and provide personal details and identification to enrol in the course.

Students need to have a USI number (Unique student identifier) -please Log onto [www.usi.gov.au](http://www.usi.gov.au) or see me for help. **Please do not submit the form without it**

Students will need to submit 3 forms of required ID- ID can be Medicare card, passport/birth certificate and proof of age or school ID (copy needs to be provided).

CIT requires 100 points of identification, our school administration will be verifying both the identity and citizenship of your child for CIT.

CIT Staff will admit the students into their chosen course of study. Each student will then be sent a confirmation of their application which will include their CIT Number, Class Reference Numbers (CRNs) and a step-by-step process of how to **complete** their enrolment online through CIT Self Service.

These qualifications are mandatory requirements for students to gain any work experience or employment in the construction and building industry. Lanyon High School has secured a trainer from the Canberra Institute of Technology to run both courses at LHS. They have limited places on offer so it will be those who return their permission notes along with payment who secure a place.

### **Coming Soon: Career Tools**

Career Tools is an all-in-one solution for career planning and post-school options. Made by career advisers, it aims to streamline and enhance career education in Australian secondary schools. To Increase student engagement Career tools provides career education content, resources and activities, helping students to make decisions about future career and life beyond school.

The schools' careers website is to assist our students with all their career research, portfolio development and post-school planning. Aside from the main website, students have their own secure area to create and store career information and documents which can be accessed at any time.

The site is also designed with you, the parent/caregiver in mind, to provide you with all the information you need about your child's career planning and post school options as the information is constantly changing in these areas. We encourage parents to familiarise themselves with the platform and range of communications available to keep informed.

On the landing page there is information about job opportunities, senior secondary study, post school options, workplace learning and resources for parents. This is in addition to the secure student login.

More details about the program are available here: <https://www.careertools.com.au/>  
Student data is kept safe with security infrastructure and privacy policies of the highest Australian standard.



Secure Student Area includes:

- Tests and Quizzes
- Career personality, interests, skills and abilities, work values, entrepreneurship evaluation
- Career & Transition Plan
- e-Portfolio creator
- Career Investigator
- Resume generator
- Cover Letter generator
- Online Mock Job Application
- Get/Record USI
- Personal Statement creator
- Workplace Safety Lessons, quiz and certificate
- Document Drawer
- Virtual Job Experience with dozens of career options

### **Career Resources**

<https://pathways.act.edu.au/> Remember to use your school email address and birthdate.

<https://myfuture.edu.au/> yfuture provides resources to explore career pathways and tools to develop self-knowledge to help with career decision-making. <https://myfuture.edu.au/>

[Job Jumpstart](https://www.jobjumpstart.gov.au) offers resources and activities to help you work out what jobs might suit you.  
<https://www.jobjumpstart.gov.au>

Please make an appointment with me, Glenda Johnson, for a career interview or career information. My email is: [Glenda.johnson@ed.act.edu.au](mailto:Glenda.johnson@ed.act.edu.au)

If you are a business owner and would like to host a student for a WEX placement, please contact me [Glenda.johnson@ed.act.edu.au](mailto:Glenda.johnson@ed.act.edu.au) Lanyon High Career Practitioner



## CALENDAR

### Permission Notes Due

School photo slips – **DUE 8<sup>th</sup> February**

Year 7 and 10 immunisation consent form – **DUE 9<sup>th</sup> February**

Year 7 Camp permission note and \$65 deposit – **DUE 10<sup>th</sup> February**

Swimming Carnival permission note – **DUE 24<sup>th</sup> February**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>30</b>	<b>31</b>	<b>February 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>WEEK 1</b>	Term 1 for Year 7 starts	Term 1 starts for Years 8, 9, 10					
	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>WEEK 2</b>			School Photo Day Photo slips due back	Year 7 and 10 immunisation consent forms due back	Year 7 Camp note due		
	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>WEEK 3</b>		Year 7 Welcome Evening (5pm)					
	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>WEEK 4</b>					Swimming Carnival note due		